

Exploring Senses

Using a multisensory approach to learning, the Nursery children explored their senses, allowing them to observe and make sense of the world around them. The children utilised two senses (smell and taste) by smelling various fruits and vegetables and identified whether they were sweet or sour, and which scents they found comforting and which they did not. With their underlying knowledge of particular foods, the children went on to predict what was inside a cup using their sense of smell. They found that their past experiences shaped their development, providing them with an increased understanding of the foods before them. They then experimented with their sense of taste by creating their own sandwiches using their knowledge of what fruits and vegetables they believe combine well together. The children benefited from this active learning method as they reinforced their understanding of familiar smells and tastes, enabling them to learn through experience and positively transform the world around them.



Phonics Workshop Reception - 27th September

On Tuesday 27th September, the school held a phonics workshop for all the parents, guardians and carers of Reception children. Everyone had the opportunity to learn all about Jolly Phonics and the sounds and actions their children learn in school. Everyone who attended found the workshop very helpful and enjoyed taking part!



#AskAboutAsthma campaign by Healthy London Partnership

Did you know that children and young people with asthma should have an asthma action plan to help manage their condition?

This is one of four #AskAboutAsthma asks which we want every Londoner to be aware of:

1. Get an asthma action plan in place
2. Understand how to use inhalers correctly
3. Schedule an asthma review—every year and after every attack
4. Consider air pollution and its impact on lung health

Together we can raise awareness around #healthinequalities and how to address them so every child and teenager has the right asthma care in place and go on to live a full, active life.

We are proud to support #AskAboutAsthma.

Find out more about the 2022 campaign at

www.healthylondon.org/ask-about-asthma

NHS

#AskAboutAsthma

3 - 9 October 2022

[healthylondon.org/ask-about-asthma](http://www.healthylondon.org/ask-about-asthma)

Week Commencing: *Monday 3rd October*

MENU 1

MONDAY		
Meal Choice 1	Chicken Goujons with Homemade Oven Baked Potato Slices and Beans	Halal
Meal Choice 2	Chicken Goujons with Homemade Oven Baked Potato Slices and Beans	Non Halal
Meal Choice 3	Baked Jacket Potato with Various Fillings	Vegetarian
Meal Choice 4	Gluten free Chicken Goujons with Potatoes and Beans	Gluten/Dairy Free
Dessert Choice	Strawberry Ice Cream and Fresh Strawberries	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Spaghetti Bolognese	Halal
Meal Choice 2	Spaghetti Bolognese	Non Halal
Meal Choice 3	Ratatouille Spaghetti	Vegetarian
Meal Choice 4	Bolognese with Gluten free Pasta	Gluten/Dairy Free
Dessert Choice	Jam Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Chicken Tikka Masala with Rice	Halal
Meal Choice 2	Chicken Tikka Masala with Rice	Non Halal
Meal Choice 3	Macaroni Cheese	Vegetarian
Meal Choice 4	Lightly Spiced Chicken Breast with Rice	Gluten/Dairy Free
Dessert Choice	Lemon Tart	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing	Halal
Meal Choice 2	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing	Non Halal
Meal Choice 3	Cauliflower and Broccoli Cheese Bake	Vegetarian
Meal Choice 4	Turkey Escalope with Potatoes and Gluten free Gravy	Gluten/Dairy Free
Dessert Choice	Strawberry Jelly	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges	
Meal Choice 2	Tomato Pasta Bake	Vegetarian
Meal Choice 3	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Dessert Choice	Fresh Fruit Salad	Fresh Fruit and Yoghurts
<i>Please note that all main meals are served with Fresh Vegetables of the Day</i>		

Hearing and Vision Check - Reception

On 4th October, the School nurses will be visiting the School to carry out a Hearing and Vision Screening for the Reception children.

Hello Yellow, Supporting Young Minds

On Thursday 13th October, we will be supporting Young Minds by wearing a yellow item to school such as a hair band, scarf, wrist band or tie. Children still need to come to school in their full and correct uniform. If your child would like to come in wearing something yellow, we would ask that you donate 50p which should be handed into the school office. Thank you for your support and help in supporting this charity!

Calendar	
October 2022	
OCTOBER	
1st to 31st	Black History Month
Tuesday 4th	Hearing and Vision Check Reception
Thursday 13th	Hello Yellow
Friday 14th	Last Day of Harvest Collection
Monday 24th to Friday 28th	Half Term Break
Monday 31st	Early Years Halloween Party