



## Fruit Salad

The Nursery children have been learning about healthy foods by making their own fruit salads. The children hand-picked the fruits they liked the most and embraced the opportunity to sample a variety of new fruits! They then practised their cutting skills by chopping their chosen fruits into bite-size pieces before combining them together to produce a beautiful blend of vibrant, refreshing, aesthetically pleasing fruit salads!



## This Is Me

As we welcomed children to our Reception, the children took the time to learn more about themselves. They looked in mirrors to see what colour their hair, eyes and complexions were. Once they had a picture in their mind of what they looked like, the children painted beautiful self-portraits celebrating what makes them all unique.



## Primary School Admission 2023

We would like to inform all parents, guardians and carers of children born between 1st September 2018 and 31st August 2019 that the closing date for applications for Primary School places to be received by the London Borough of Hillingdon, by post or online, is midnight on Sunday 15th January 2023.

To ensure your application arrives on time and in order to give your child the best possible chance of being offered the school of your choice, we would advise that you submit your applications prior to the Christmas holiday period.

The London Borough of Hillingdon states on their website that they cannot be held responsible for any delays in applications due to problems with postal or Internet service providers. Further information can be found on (<https://www.hillingdon.gov.uk/primary>) or by telephoning the School Placement and Admission Team at the Civic Centre, Uxbridge on 01895 556644.

## Walk to School Month

October is International Walk to School Month, helping to embed active travel behaviours within the School community, with an opportunity to be part of a global campaign, encouraging children to walk to school alongside young people in over 40 countries!

Considering the contribution that traffic pollution makes to climate change and the effects it has on wildlife and natural habitats around the world, by walking to school, you can reduce your carbon emissions, supporting natural habitats and animals across the globe.

## National Bullying Prevention Month

National Bullying Prevention Month is a month-long event to prevent childhood bullying and promote kindness, acceptance and inclusion. At Rosedale Primary School, we all have a role to play whether we are children, parents, guardians or carers, teachers or school administrators. Positive change comes as we begin to emphasise respect and inclusion in our school and community. This month, try to reach out to a classmate, especially those who appear to be struggling. Children will not only learn about the different forms of bullying, but also how to report it when they see it in order to prevent others from suffering in silence. Talk to your child about bullying and please report all concerning disclosures to the Headteacher.


## Black History Month – October 2023

Black History Month is the annual celebration and commemoration of moments in history, achievements and contributions that Black people have made. First brought to the UK in the 1980s, Black History Month was initially introduced to the country by a member of the Greater London Council, Akyaaba Addai Sebo. Since 1987, Black History Month has been celebrated annually in the UK, to eradicate discrimination and encourage racial equality. At Rosedale Primary School, we will be honouring the contributions made to society by people of Black heritage and their communities.

## School Uniform

All children within our school community are expected to wear the full and correct school uniform whilst attending school. This helps to demonstrate a sense of belonging, inclusion and ensure that no one stands out. It has been brought to our attention that a number of children are not in possession of the full or correct school uniform, which includes a book bag. You can find the uniform requirements on our website by following this link: (<http://www.rosedaleprimary.co.uk/113/uniform-requirements>)

Parents, guardians and carers are reminded that children must only wear black jogging bottoms for Physical Education (PE). Also, it is essential that all items of your child's school uniform are labelled with your child's name. Thank you

	<b>OCTOBER 2022</b>
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1st to 31st	Black History Month National Bullying Prevention Month Walk to School Month
Friday 14th	Last Day of Harvest Collection
Friday 21st	Early Years Halloween Party Half Term Ends
Monday 24th to Friday 28th	Half Term Break
Monday 31st	Term Begins

	<b>Week Commencing: Monday 17th October</b>	
<b>MENU 3</b>		
<b>MONDAY</b>		
Meal Choice 1	Chicken Sausages with Mashed Potatoes and Onion Gravy	Halal
Meal Choice 2	Chicken Sausages with Mashed Potatoes and Onion Gravy	Non Halal
Meal Choice 3	Vegetarian Sausages with Mashed Potatoes and Onion Gravy	Vegetarian
Meal Choice 4	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter	Gluten/Dairy Free
Dessert Choice	Orange Jelly	Fresh Fruit and Yoghurts
<b>TUESDAY</b>		
Meal Choice 1	Beef Lasagne with Fresh Salad	Halal
Meal Choice 2	Beef Lasagne with Fresh Salad	Non Halal
Meal Choice 3	Vegetarian Lasagne with Fresh Salad	Vegetarian
Meal Choice 4	Minced Beef with Gluten free Pasta	Gluten/Dairy Free
Dessert Choice	Chocolate Mousse	Fresh Fruit and Yoghurts
<b>WEDNESDAY</b>		
Meal Choice 1	Barbecue Grilled Chicken Breast with Rice	Halal
Meal Choice 2	Barbecue Grilled Chicken Breast with Rice	Non Halal
Meal Choice 3	Baked Jacket Potato with Various Fillings	Vegetarian
Meal Choice 4	Barbecue Grilled Chicken Breast with Rice	Gluten/Dairy Free
Dessert Choice	Apple Crumble	Fresh Fruit and Yoghurts
<b>THURSDAY</b>		
Meal Choice 1	Cajun Chicken in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Halal
Meal Choice 2	Cajun Chicken in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Non Halal
Meal Choice 3	Roast Mediterranean Vegetables in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Vegetarian
Meal Choice 4	Cajun Chicken with Oven Cooked Potato Slices and Tomato Salsa	Gluten/Dairy Free
Dessert Choice	Vanilla Sponge with a Pineapple Ring and a Cherry	Fresh Fruit and Yoghurts
<b>FRIDAY</b>		
Meal Choice 1	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	Halal
Meal Choice 2	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	Non Halal
Meal Choice 3	Macaroni Cheese	Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Dessert Choice	Chocolate Brownie Tray Bake	Fresh Fruit and Yoghurts
<i>Please note that all main meals are served with Fresh Vegetables of the Day</i>		

## School Shoes

We have noticed that some children are coming to school wearing trainers and incorrect school shoes. All children are expected to wear plain black shoes. Thank you.

## Applying for Secondary School for September 2023

We would like to inform all parents, guardians and carers of children born between 1st September 2011 and 31st August 2012 that the closing date for applications for Secondary School places to be received by the London Borough of Hillingdon, by post or online, is Monday 31st October 2022.

To ensure your application arrives on time and in order to give your child the best possible chance of being offered the school of your choice, we would advise that you submit your applications no later than Friday 21st October to ensure that it is received by the published deadline.

You can apply for your child's secondary school at (<https://www.hillingdon.gov.uk/secondary>). You will receive information with regard to applying for your child starting secondary school shortly.