

## National Poetry Day

Our pupils proudly delivered their poems in front of an audience, showcasing their creativity and confidence. Some pupils prepared engaging PowerPoint presentations, while others designed colourful posters to bring their poetry to life. We were so impressed by their wonderful efforts, creativity and enthusiasm. Everyone had a fun-filled and memorable day celebrating the joy of poetry!



## Fruit Kebabs

As part of the Nursery's topic this term, 'Let's Be Healthy,' the children made their own fruit kebabs. The children discussed what it means to be healthy and what kind of foods are good for us to eat. They also had the opportunity to practise and demonstrate their cutting skills when making their tasty kebabs!



## Year 6 Transition Meeting

On Tuesday 22nd September, Year 6 parents, guardians and carers were invited to attend the Year 6 Transition Meeting. The meeting helped to outline the next steps in their children's education which included key information on how to apply for secondary school and when secondary Open Days were. Thank you to all the families that attended.



## Year 6 Bikeability – 19th October to 22nd October

Year 6 have the opportunity to take part in the Bikeability training which promotes safe cycling. Unlike previous years, the Bikeability team are unable to provide the Dr Bike service, which allows them to look at your children's bikes to ensure they are safe and in good working order. In this instance, they have provided us with a link to a video so you are able to check your child's bike yourselves and make any necessary repairs should they be required. You can find this information on <https://bikeability.org.uk/cycle-more/be-prepared/looking-after-your-bike>. Thank you.

## Applying for Secondary School

We would like to inform all parents, guardians and carers of children born between 1st September 2015 and 31st August 2016 that the closing date for applications for Secondary School places to be received by the London Borough of Hillingdon is 31st October 2026. You can apply for your child's secondary school at ([www.hillingdon.gov.uk/secondary](http://www.hillingdon.gov.uk/secondary)). You will receive information with regard to applying for your child starting secondary school shortly via email.

## Starting secondary school

September 2027

For Hillingdon residents only

**Apply online at**

[www.hillingdon.gov.uk/schooladmissions](http://www.hillingdon.gov.uk/schooladmissions)  
Closing date for applications is Saturday 31 October 2026



## Hampton Court Palace Trip – Year 5

On Friday 23rd October, Year 5 pupils will be attending a field trip to Hampton Court Palace in Surrey. We would like to remind parents, guardians and carers that all payments should be made through your child's iPayimpact account.

## Black History Month – October 2026

Black History Month is the annual celebration and commemoration of moments in history, achievements and contributions that Black people have made. First brought to the UK in the 1980s. Black History Month was initially introduced to the country by a member of the Greater London Council, Akyaaba Addai Sebo. Since 1987, Black History Month has been celebrated annually in the UK, to eradicate discrimination and encourage racial equality. At Rosedale Primary School, we will be honouring the contributions made to society by people of Black heritage and their communities.

## Harvest Festival Collection - Donating Items

As in previous years, we will be supporting our local food bank for the Harvest Festival. It is more important than ever for us to be able to donate to the Food Bank given these uncertain times, no matter how big or small the donation. We would appreciate donations of any items from the list below:

|                 |                |
|-----------------|----------------|
| Cereals         | Fruit Juice    |
| Soups           | Long Life Milk |
| Baked Beans     | Rice           |
| Tinned Tomatoes | Jam            |
| Canned Meat     | Sugar          |
| Canned Fish     |                |
| Tinned Fruits   |                |
| Tea or Coffee   |                |
| Pasta           |                |

If you would like to donate any of these items, please hand them into the School Office by Friday 16th October.

## World Mental Health Day – Saturday 10th October 2026

This World Mental Health Day, we are reminding everyone in our school community of the importance of looking after our mental health and wellbeing. Taking time to talk, listen and check in with one another can make a real difference. We encourage our pupils, families and staff to remember that seeking support is a sign of strength, not weakness, and nobody should feel they have to face challenges alone. We want everyone across our school community to take time to check in with themselves and others, talk openly and reach out for support whenever it is needed.



# WORLD MENTAL HEALTH DAY

**Saturday 10th October 2026**

**Why Mental Health Matters:**

-  **Mental health affects every aspect of our lives.**
-  **Strong mental well-being helps us manage stress and build resilience.**
-  **Seeking support is a sign of strength, not weakness.**

[www.therosedalehewensacademytrust.co.uk](http://www.therosedalehewensacademytrust.co.uk)

## Primary School Admissions 2026

We would like to inform all parents, guardians and carers of children born between 1st September 2022 and 31st August 2023 that the closing date for applications for Primary School places to be received by the London Borough of Hillingdon is 15th January 2027. To ensure your application arrives on time and in order to give your child the best possible chance of being offered the school of your choice, we would advise that you submit your applications prior to the Christmas holiday period. Further information can be found on ([www.hillingdon.gov.uk/primary](http://www.hillingdon.gov.uk/primary)). You will receive information with regard to applying for your child starting primary school shortly via email.

## Starting primary school

**September 2027**

**For Hillingdon residents only**

**Apply online at**

[www.hillingdon.gov.uk/schooladmissions](http://www.hillingdon.gov.uk/schooladmissions)

**Closing date for applications is Friday 15 January 2027**



## Free NHS flu vaccinations at school

Help protect your child and those around them from flu this winter. The NHS School Aged Immunisation Service will be offering eligible children their free flu vaccination at school. Getting vaccinated helps protect your child and can also reduce the spread of flu to family, friends and the wider community. A porcine-gelatin-free injectable alternative to the nasal spray is available for families who prefer this option.

For more information visit our website:

<https://www.therosedalehewensacademytrust.co.uk/news-and-events-1/latest-news/free-nhs-flu-vaccination-at-school>

 **VACCINATION UK**

# A porcine-free flu vaccine is available

**Protect your child from flu this winter**

Your child will be offered a **free** NHS flu vaccination as part of the school-aged vaccination programme.

The vaccine usually offered to children is a nasal spray. The nasal flu vaccine contains a small amount of porcine gelatine.



Save the Date





# COFFEE Morning

**Friday 6th November 2026**  
**9:00am**

Our Coffee Morning will provide parents, guardians and carers with an opportunity to meet and speak with representatives from a range of support services, including:

- Hillingdon Attendance Office
- Trust Safeguarding Lead
- Hillingdon Libraries
- Trust SEND Officer
- NHS School Nurses
- Mental Health Support Nurse
- Hillingdon Stronger Families Hub

Ask questions and find out more about the support available to you and your family.

Battle of Britain Bunker Trip – Year 6

On Tuesday 3rd November, the Year 6 pupils will be visiting the Battle of Britain Bunker in Uxbridge. The pupils will be leaving school no later than 9:00am therefore they will need to arrive on time and no later than 8:45am. Pupils should be wearing their full and correct uniform and come with their labelled packed lunch and water bottle for the day. They will arrive back in time for normal dismissal. Thank you.



## OCTOBER 2026

| OCTOBER                                       |                                                     |
|-----------------------------------------------|-----------------------------------------------------|
| Friday 16th                                   | Great Fire of London Workshop - Year 2              |
| Tuesday 20th                                  | SATs Information Parents Workshop - Year 6          |
| Friday 23rd                                   | Hampton Court Palace Trip - Year 5                  |
| Monday 26th                                   | 9:00am to 12:00pm<br>Booster Club - Invitation Only |
| Monday 26th to Friday 30th<br>Half Term Break |                                                     |



**Week Commencing: Monday 12th October**

MENU 3

|                                                                             |                                                                                               |                          |
|-----------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|--------------------------|
| MONDAY                                                                      |                                                                                               |                          |
| Meal Choice 1                                                               | Chicken Sausages with Mashed Potatoes and Onion Gravy                                         | Halal                    |
| Meal Choice 2                                                               | Chicken Sausages with Mashed Potatoes and Onion Gravy                                         | Non Halal                |
| Meal Choice 3                                                               | Vegetarian Sausages with Mashed Potatoes and Onion Gravy                                      | Vegetarian               |
| Meal Choice 4                                                               | Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter                         | Gluten/Dairy Free        |
| Dessert Choice                                                              | Orange Jelly                                                                                  | Fresh Fruit and Yoghurts |
| TUESDAY                                                                     |                                                                                               |                          |
| Meal Choice 1                                                               | Beef Lasagne with Fresh Salad                                                                 | Halal                    |
| Meal Choice 2                                                               | Beef Lasagne with Fresh Salad                                                                 | Non Halal                |
| Meal Choice 3                                                               | Vegetarian Lasagne with Fresh Salad                                                           | Vegetarian               |
| Meal Choice 4                                                               | Minced Beef with Gluten free Pasta                                                            | Gluten/Dairy Free        |
| Dessert Choice                                                              | Chocolate Mousse                                                                              | Fresh Fruit and Yoghurts |
| WEDNESDAY                                                                   |                                                                                               |                          |
| Meal Choice 1                                                               | Barbecue Grilled Chicken Breast with Rice                                                     | Halal                    |
| Meal Choice 2                                                               | Barbecue Grilled Chicken Breast with Rice                                                     | Non Halal                |
| Meal Choice 3                                                               | Baked Jacket Potato with Various Fillings                                                     | Vegetarian               |
| Meal Choice 4                                                               | Barbecue Grilled Chicken Breast with Rice                                                     | Gluten/Dairy Free        |
| Dessert Choice                                                              | Apple Crumble                                                                                 | Fresh Fruit and Yoghurts |
| THURSDAY                                                                    |                                                                                               |                          |
| Meal Choice 1                                                               | Cajun Chicken in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa                  | Halal                    |
| Meal Choice 2                                                               | Cajun Chicken in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa                  | Non Halal                |
| Meal Choice 3                                                               | Roast Mediterranean Vegetables in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa | Vegetarian               |
| Meal Choice 4                                                               | Cajun Chicken with Oven Cooked Potato Slices and Tomato Salsa                                 | Gluten/Dairy Free        |
| Dessert Choice                                                              | Vanilla Sponge with a Pineapple Ring and a Cherry                                             | Fresh Fruit and Yoghurts |
| FRIDAY                                                                      |                                                                                               |                          |
| Meal Choice 1                                                               | Fish Fingers or Battered Chicken with Oven Baked Potato Wedges                                | Halal                    |
| Meal Choice 2                                                               | Fish Fingers or Battered Chicken with Oven Baked Potato Wedges                                | Non Halal                |
| Meal Choice 3                                                               | Macaroni Cheese                                                                               | Vegetarian               |
| Meal Choice 4                                                               | Gluten free Fish Fingers with Gluten free Potato Wedges and Beans                             | Gluten/Dairy Free        |
| Dessert Choice                                                              | Chocolate Brownie Tray Bake                                                                   | Fresh Fruit and Yoghurts |
| Please note that all main meals are served with Fresh Vegetables of the Day |                                                                                               |                          |



# WE HAVE JOINED HILLINGDON'S ACTIVE TRAVEL MOVEMENT.

