



Nursery Activities

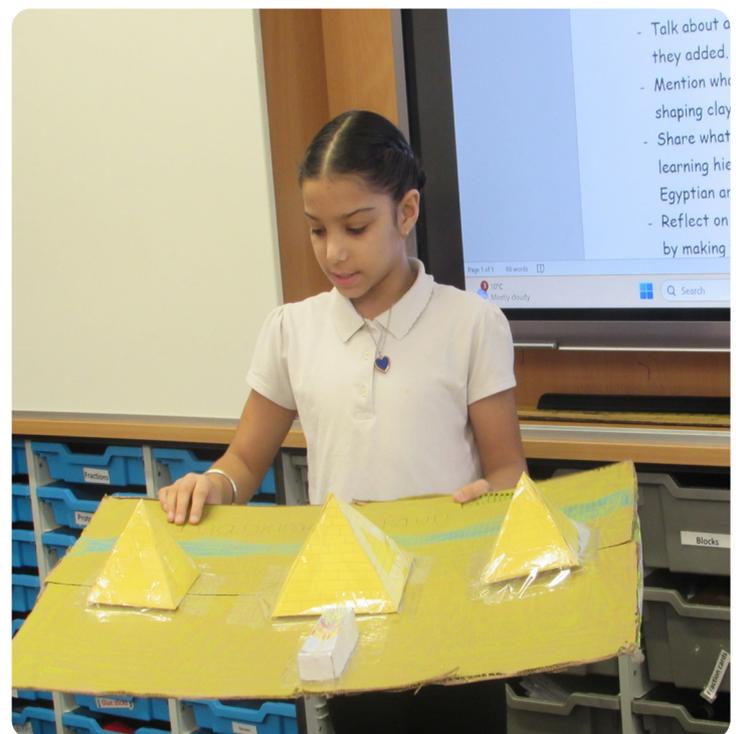
The Nursery children have returned to school after the Christmas holidays and jumped straight back into various activities. The children used the interactive whiteboards to practise writing different sounds they have learnt, engaged in sensory play using the sandpit and soft foam, and attempted various mathematics games to develop and reinforce basic numeracy skills. They were all thrilled to return to Nursery and were ecstatic to see their friends!





Egyptian Artefacts

We are immensely proud of our Year 4, who have beautifully showcased their creativity and knowledge through the making of Ancient Egyptian artefacts. Their ability to connect the wonders of Ancient Egypt with modern times reflects not only their enthusiasm but also their deep understanding of history's impact on our lives today. Each pupil's presentation was a testament to their hard work, imagination, and growing confidence. This achievement would not have been possible without the invaluable support of their parents, guardians and carers.





Junior Citizens Event – Thursday 22nd January

On Thursday 22nd January, we will be taking the Year 6 on a trip Brunel University to attend the Junior Citizens Event. The pupils will go via Trust mini bus to the venue. All pupils will be required to wear their full and correct school uniform.

Urgent Dental Care

The NHS want to help raise awareness of the urgent dental care services available to children and adults through NHS 111. More emergency dental appointments have been made available this year, and these can now be accessed by contacting NHS 111. If your child or a family member is experiencing serious dental pain, swelling, or a dental injury, help is available quickly – even if you don't have a regular dentist. Click below to find out when and how NHS 111 can support you and your family. Visit our website for more information from the NHS:

[\[https://www.therosedalehewensacademytrust.co.uk/urgent-dental-care-help-available-24-7-through-nhs-111\]](https://www.therosedalehewensacademytrust.co.uk/urgent-dental-care-help-available-24-7-through-nhs-111)

NHS

Go to **111.nhs.uk**
for urgent
dental
advice

**Open
24/7**

Contact Emails

Please can all parents, guardians and carers provide the School Office with their contact emails. You can do this by sending an email to the school email on rosedaleprimary@trhat.org. It is vital that all contact details for your child are kept update to so that we can inform you of school updates as well as in the event of an emergency. Thank you for your continued support and cooperation.

SAVE THE DATE!



**Education & SEND
Parent Event 26th
January 2026**

**10.00am - 2.00pm
Civic Centre Uxbridge**

Come hear from:

- SEND Advisory Team
- Children's Integrated Therapies
- SENDIASS
- Parent Carer Forum
- Local Offer
- Family Hubs

Don't miss out on this exciting event! Spaces are limited and will be offered on a first-come, first-served basis. Reserve your place today by completing the form below.

And much more...

Registration for the SEND & Education Parent Event



Register Now:
[Click Here](#)

Save the Date! Education & SEND Parent Event

Visit the Civic Centre, Uxbridge on Monday, 26th January 2026, from 10:00am to 2:00pm for an essential event dedicated to supporting families and children with Special Educational Needs and Disabilities (SEND). This is your opportunity to:

- Hear from experts including the SEND Advisory Team, Children's Integrated Therapies, SENDIASS, Parent Carer Forum, Local Offer, and Family Hubs
- Access valuable resources and advice to help your child thrive
- Connect with professionals and other parents for guidance and support

Spaces are limited and offered on a first-come, first-served basis, so don't miss out! Reserve your place today by completing the registration form below.

Let's work together to make a positive difference for children and families in our community. Register your spot here:

<https://www.therosedalehewensacademytrust.co.uk/save-the-date-education-and-send-parent-event>

School Shoes

We have noticed that some children are coming to school wearing trainers and incorrect school shoes. All children are expected to wear plain black shoes. Thank you.

Gordon Brown Centre –Third Instalment Due

We would like to remind all parents, guardians and carers of children in Year 6 who are attending the Year 6 residential Gordon Brown Centre, that the first instalment of £52 is due by Thursday 5th February. Please make the payment via IPAYimpact by this date.

For those who would still like to attend the trip but have not yet handed in the first instalment with the reply slip, there are still spaces available. We would love as many children as possible to attend this amazing trip.

Child Anxiety Workshop

We are pleased to invite parents to attend an informative workshop on child anxiety, taking place on Wednesday 28th January at 9:30am. This workshop will provide useful information and practical strategies to help support children who may experience anxiety. We hope many of you will be able to join us.

After-School Care – Contact Number

For any enquiries or updates regarding the After-School Care between 4:30 pm and 5:20 pm, please call 07957553815. This number should be used if you need to inform us of changes to collection, late arrivals, or any urgent matters related to the wrap around care.

Free Immersive Cycle Training Workshop

Parent and Child Immersive Cycle Training Workshops

"What does it involve?"

- Joining other parents and children in a session led by Dr Dan Bishop (*scan the QR code for more info*)
- View 360-degree footage filmed from a cyclist's view on tablet devices (*see photo below*)
- Discussing cycling on roads, hearing other parents' and children's views, and completing a short survey

"Where and when is it?"

- The Sport & Exercise Psychology Lab, Brunel University of London, Kingston Lane, Hillingdon, UB8 3PH
- Starting February/March 2026, 4.00-5.00 after school

"What does it cost?"

- **Moneywise:** it's FREE **Timewise:** ~1 hour

"What are the potential benefits?"

- Data from thousands of UK children shows that this training improves children's understanding of how to cycle safely on roads
- You and your child will improve your understanding, too
- You could join a local support network of parents, to support cycling to school

"I'm interested. What should I do next?"

- Email Dr Dan Bishop at daniel.bishop@brunel.ac.uk or dan@bikeabilitytrust.org to let him know!





JANUARY AND FEBRUARY 2026

JANUARY		
Monday 19th		Pedestrian Training - Reception
Monday 19th to Friday 23rd		Practice Paper - Phonics (Year 1) and SATs (Year 6)
Wednesday 21st		NCMP - Follow Up
Thursday 22nd		Junior Citizens Event - Year 6
Friday 23rd		The Natural History Museum Trip - Year 3
Wednesday 28th	9:30am	Child Anxiety - Parents Workshop
	2:20pm	Young Voices - Parents Meeting
Friday 30th		Egyptian Workshop - Year 4
FEBRUARY		
Monday 2nd to Friday 6th		National Storytelling Week
Monday 2nd		Pedestrian Training - Year 1
Tuesday 3rd		Young Voices Concert
Wednesday 4th		Road Safety Workshop - Year 6
Thursday 5th		Romans Workshop - Year 3
Friday 6th		Time to Talk Day
Monday 9th to Friday 13th		Children's Mental Health Week
Tuesday 10th		Flight Careers Workshop - Year 4, 5 and 6
Wednesday 11th		International Day of Women and Girls in Science
Friday 13th		The Natural History Museum Trip - Year 4

Change of Time – Young Voices Parents Meeting

Please note a slight change in the time of the Young Voices Parents' Meeting. It will now take place on Wednesday 28th January at 2:20pm. At this meeting, we will provide all the relevant information about the running of the day. If your child is taking part in the Young Voices Concert this year, please ensure you attend. Thank you.

Pedestrian Training – Reception

On Monday 19th January the Reception children will be taking part in pedestrian training which is delivered by staff from the London Borough of Hillingdon.

The pedestrian training is part of the School's efforts to promote and encourage road safety, and active and sustainable travel. Please ensure your child comes to school wearing their full school uniform.

	Week Commencing: Monday 19th January
	MENU 3

MONDAY		
Meal Choice 1	Chicken Sausages with Mashed Potatoes and Onion Gravy	Halal
Meal Choice 2	Chicken Sausages with Mashed Potatoes and Onion Gravy	Non Halal
Meal Choice 3	Vegetarian Sausages with Mashed Potatoes and Onion Gravy	Vegetarian
Meal Choice 4	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter	Gluten/Dairy Free
Dessert Choice	Orange Jelly	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Beef Lasagne with Fresh Salad	Halal
Meal Choice 2	Beef Lasagne with Fresh Salad	Non Halal
Meal Choice 3	Vegetarian Lasagne with Fresh Salad	Vegetarian
Meal Choice 4	Minced Beef with Gluten free Pasta	Gluten/Dairy Free
Dessert Choice	Chocolate Mousse	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Barbecue Grilled Chicken Breast with Rice	Halal
Meal Choice 2	Barbecue Grilled Chicken Breast with Rice	Non Halal
Meal Choice 3	Baked Jacket Potato with Various Fillings	Vegetarian
Meal Choice 4	Barbecue Grilled Chicken Breast with Rice	Gluten/Dairy Free
Dessert Choice	Apple Crumble	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Cajun Chicken in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Halal
Meal Choice 2	Cajun Chicken in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Non Halal
Meal Choice 3	Roast Mediterranean Vegetables in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Vegetarian
Meal Choice 4	Cajun Chicken with Oven Cooked Potato Slices and Tomato Salsa	Gluten/Dairy Free
Dessert Choice	Vanilla Sponge with a Pineapple Ring and a Cherry	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	Halal
Meal Choice 2	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	Non Halal
Meal Choice 3	Macaroni Cheese	Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Dessert Choice	Chocolate Brownie Tray Bake	Fresh Fruit and Yoghurts
<i>Please note that all main meals are served with Fresh Vegetables of the Day</i>		

