



Reception and Nursery Christmas Performance

Cock-a-Doodle Christmas! Our Nursery and Reception children delighted everyone with their joyful performance, spreading festive cheer with big smiles, songs, and lots of Christmas magic. The children thoroughly enjoyed taking part in the performance and were very excited to sing the songs they had learnt to their audience, clearly demonstrating how they had grown in confidence since September.





Tree Decoration

In the last week before the holidays, pupils at Rosedale Primary were super creative, producing their own mini wreaths. The children used their cutting and sticking skills to decorate their wreaths, which were proudly hung on our Christmas tree.



BOUNCE: Self-Esteem and Resilience Building Programme for Children Aged 8+

The London Borough of Hillingdon Youth Offer Targeted Team is excited to introduce BOUNCE, a free group intervention programme designed for primary school children aged 8 years and above who need support in building self-esteem and resilience. This interactive and therapeutic programme helps children develop confidence and coping strategies for life's challenges.

Programme Details:

- Duration: 9-week programme (attendance at all sessions is required)
- Dates: Every Friday from 16th January to 27th March 2026
- Time: 4:15 PM – 6:15 PM
- Location: Hayes Family Hub, College Way, Hayes, UB3 3BB
- Cost: FREE of charge

Parents, Guardians and Carers can refer their child by completing the Referral Form.

<https://www.therosedalehewensacademytrust.co.uk/news-and-events-1/latest-news/bounce-self-esteem-and-resilience-building-programme-for-children-aged-8>



HILLINGDON
LONDON

BOUNCE: Self-esteem and Resilience Building Programme for Children Aged 8 plus in Primary School



Every Friday from Friday 16th January
to Friday 27th March 2026

4:15pm to 6:15pm | Hayes Family Hub, College
Way, Hayes, UB3 3BB

www.therosedalehewensacademytrust.co.uk

SAVE THE DATE! 

**Education & SEND
Parent Event 26th
January 2026**

**10.00am - 2.00pm
Civic Centre Uxbridge**

Come hear from:

- SEND Advisory Team
- Children's Integrated Therapies
- SENDIASS
- Parent Carer Forum
- Local Offer
- Family Hubs

Don't miss out on this exciting event! Spaces are limited and will be offered on a first-come, first-served basis. Reserve your place today by completing the form below.

And much more...

Registration for the SEND & Education Parent Event



Register Now:
[Click Here](#)

Save the Date! Education & SEND Parent Event

Visit the Civic Centre, Uxbridge on Monday, 26th January 2026, from 10:00am to 2:00pm for an essential event dedicated to supporting families and children with Special Educational Needs and Disabilities (SEND). This is your opportunity to:

- Hear from experts including the SEND Advisory Team, Children's Integrated Therapies, SENDIASS, Parent Carer Forum, Local Offer, and Family Hubs
- Access valuable resources and advice to help your child thrive
- Connect with professionals and other parents for guidance and support

Spaces are limited and offered on a first-come, first-served basis, so don't miss out! Reserve your place today by completing the registration form below.

Let's work together to make a positive difference for children and families in our community. Register your spot here:

<https://www.therosedalehewensacademytrust.co.uk/save-the-date-education-and-send-parent-event>

Junior Citizens Event – Thursday 22nd January

On Thursday 22nd January, we will be taking the Year 6 on a trip Brunel University to attend the Junior Citizens Event. The pupils will go via Trust mini bus to the venue. All pupils will be required to wear their full and correct school uniform.

Trip to Natural History Museum – Year 3

On Friday 23rd January, Pupils in Year 3 will be visiting Science Museum. You will need to bring your child into school by no later than 8:30am to ensure that the children can leave promptly. For the trip, pupils will be required to wear their full and correct school uniform. All payments and reply slips should now have been handed in. If you have any issues or concerns preventing you from making the payment or handing in the reply slip, please do let us know at the School Office.


Gordon Brown Centre –Third Instalment Due

We would like to remind all parents, guardians and carers of children in Year 6 who are attending the Year 6 residential Gordon Brown Centre, that the first instalment of £52 is due by Thursday 5th February. Please make the payment via IPAYimpact by this date.

For those who would still like to attend the trip but have not yet handed in the first instalment with the reply slip, there are still spaces available. We would love as many children as possible to attend this amazing trip.

Road Safety and Traffic Congestion

We would like to say thank you to everyone for driving and parking safely when dropping off and picking your children up from school. We ask that, where possible, please avoid making any U-turns outside the front of the School. This is to minimise and ease congestion during peak times. There are roundabouts at either end of Wood End Green Road, which can be utilised to make any turns. Also, please try to avoid driving your cars on the pavements, as this is very unsafe for pedestrians. Thank you for your continued support and cooperation.



INHALER RECYCLING

Do you know?


You can recycle your inhalers and save the planet from pollution
1 Inhaler carbon footprint =150 mile car journey

Where to recycle?

- Paediatric Emergency department
- Bumblebee ward
- Outpatient department

*Collect a sticker from team after you recycle your inhaler

"HELP THE PLANET BREATHE, RECYCLE YOUR INHALERS"


The Hillingdon Hospitals
NHS Foundation Trust

Primary School Admissions 2025

We would like to inform all parents, guardians and carers of children born between 1st September 2020 and 31st August 2021 that the closing date for applications for Primary School places to be received by the London Borough of Hillingdon is Wednesday 15th January 2025. We would advise that you submit your applications prior to the Christmas holiday period. Further information can be found on (www.hillingdon.gov.uk/primary).

Child Anxiety Workshop

We are pleased to invite parents to attend an informative workshop on child anxiety, taking place on Wednesday 28th January at 9:30am. This workshop will provide useful information and practical strategies to help support children who may experience anxiety. We hope many of you will be able to join us.

MyHealth Asthma Workshops

MyHealth are running FREE Asthma workshops for parents who have children with Asthma. These sessions are run by the Hillingdon Hospital asthma nurses giving you the chance to learn from health professionals and to ask them questions directly. Some of the content included in these sessions is:

The workshop is run online using ZOOM you can register your FREE place via the link (<https://www.eventbrite.co.uk/e/myhealth-asthma-workshop-for-parents-children-tickets-191548726397?aff=oddtcreator>).

You can also contact the MyHealth team on tel: 01895 543 437 or nhsnw.myhealth@nhs.net.



3ST | NORTH WEST LONDON | **H4All** stronger together | **MyHealth** My self, My life

Childhood Asthma

FREE Online Workshops

CONTACT THE TEAM TO RESERVE YOUR PLACE

📞 01895 543 437

✉ nhsnw.myhealth@nhs.net


Scan the code to contact the team and register your interest

SCAN HERE


What's Included In The Workshop ?

What to do if your child is having an Asthma attack	Inhaler Techniques	Myth Busting	Common Triggers	Asthma Plans	Q&A
---	--------------------	--------------	-----------------	--------------	-----

SESSIONS FACILITATED BY AN ASTHMA NURSE

	Week Commencing: Monday 12th January
MENU 2	

MONDAY		
Meal Choice 1	Beef Meatball Pasta Bake	Halal
Meal Choice 2	Beef Meatball Pasta Bake	Non Halal
Meal Choice 3	Vegetable Pasta Bake	Vegetarian
Meal Choice 4	Meatballs with Gluten free Pasta	Gluten/Dairy Free
Dessert Choice	Strawberry Mousse with Fresh Strawberries	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal
Meal Choice 2	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Non Halal
Meal Choice 3	Creamy Pasta Bake	Vegetarian
Meal Choice 4	Lamb Patty with Rice	Gluten/Dairy Free
Dessert Choice	Chocolate Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Baked Jacket Potato with Fillings [sliced chicken, salad, coleslaw, tuna]	
Meal Choice 2	Sweet Potato with Fillings [sliced chicken, salad, coleslaw, tuna]	Vegetarian
Meal Choice 3	Baked Jacket Potato with Salad and Beans	Gluten/Dairy Free
Dessert Choice	Fruit Tarts	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Halal
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Non Halal
Meal Choice 3	Vegetable Tart	Vegetarian
Meal Choice 4	Roast Chicken with Roast Potatoes and Gluten free Gravy	Gluten/Dairy Free
Dessert Choice	Vanilla Cheesecake	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	Halal
Meal Choice 2	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	Non Halal
Meal Choice 3	Vegetable and Cheese Pasta Bake	Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Dessert Choice	Apple Pie	Fresh Fruit and Yoghurts
<i>Please note that all main meals are served with Fresh Vegetables of the Day</i>		

		JANUARY 2026
JANUARY		
Monday 5th	1:00pm to 5:00pm	Parents Consultations
Tuesday 6th	1:00pm to 5:00pm	Parents Consultations
Wednesday 7th		Term Bagins
Monday 12th to Friday 16th		Life Base Education Workshop
Monday 19th		Pedestrian Training - Reception
Monday 19th to Friday 23rd		Practice Paper - Phonics (Year 1) and SATs (Year 6)
Wednesday 21st		NCMP - Follow Up
Thursday 22nd		Junior Citizens Event - Year 6
Friday 23rd		The Natural History Museum Trip - Year 3
Wednesday 28th	9:30am	Child Anxiety - Parents Workshop
	3:45pm	Young Voices - Parents Meeting
Friday 24th		Egyptians Workshop - Year 4