



### Reception First Lunch



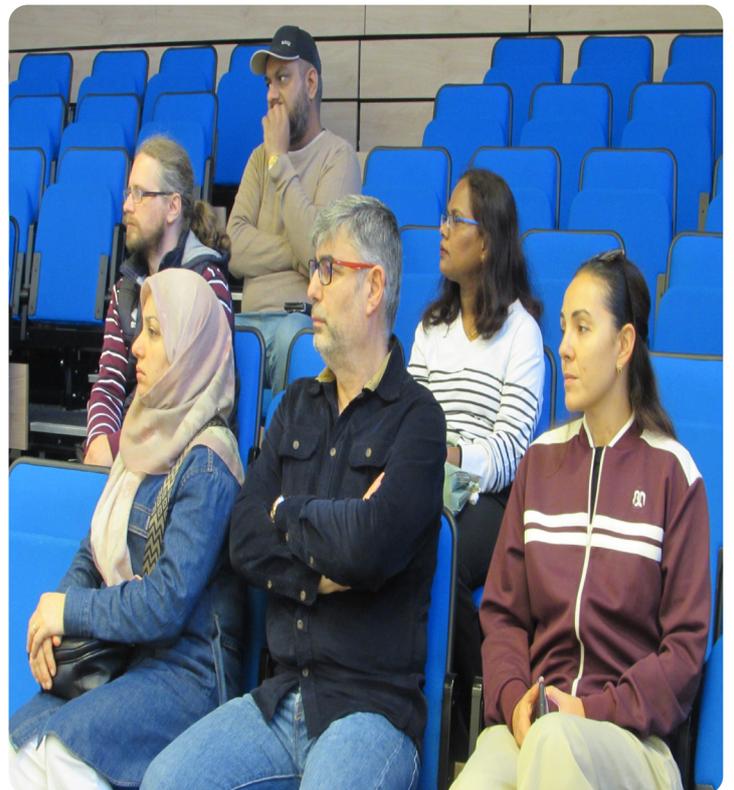
Last week, the Reception children stayed for lunch for the first time! The children were enthusiastic and really enjoyed this experience. They couldn't stop talking to each other about what they were eating! On the second day, a few children realised the importance of eating first and talking after. We are encouraging the children to concentrate on eating their food but, as lunchtime is a social occasion, they are still learning how to get the balance right.





## Year 6 Transition Meeting

On Tuesday 16th September, Year 6 parents, guardians and carers were invited to attend the Year 6 Transition Meeting. The meeting helped to outline the next steps in their children's education which included key information on how to apply for secondary school and when secondary Open days were. Thank you to all the families that attended.



## Walk to School Month

October is International Walk to School Month, helping to embed active travel behaviours within the School community, with an opportunity to be part of a global campaign, encouraging children to walk to school alongside young people in over 40 countries!

Considering the contribution that traffic pollution makes to climate change and the effect it has on wildlife and natural habitats around the world, by walking to school, you can reduce your carbon emissions, supporting natural habitats and animals across the globe.

## Physical Education (PE)

Please be advised that pupils should arrive at school in their Physical Education (PE) kits on the day of their PE lesson; they will remain in their PE kits for the whole day and thus are not required to bring in their school uniforms.

Year Groups	Day of the Week for PE
Reception	Wednesday and Friday
Year 1	Tuesday and Thursday
Year 2	Tuesday and Friday
Year 3	Wednesday and Friday
Year 4	Monday and Friday
Year 5	Wednesday and Friday
Year 6	Wednesday and Friday

## Starting secondary school

If you have a child born between  
**1 September 2014**  
and **31 August 2015**

You must apply for a school place by  
**31 October 2025**

For full details, key dates  
and to apply online, visit  
[www.hillingdon.gov.uk/  
schooladmissions](http://www.hillingdon.gov.uk/schooladmissions)  
or email  
[admissions@hillington.gov.uk](mailto:admissions@hillington.gov.uk)



## Guided Tours at Rosedale Primary School



**Book A Spot On Our Website!**

Visit us to see why Rosedale Primary School is a perfect first choice...

### Morning

Monday 20th October 2025  
9:30am

### Afternoon

Thursday 13th November 2025  
4:00pm



**“Pupils are happy and safe in this school. They are eager to come to school every day because they get to learn new things”**

- Ofsted 2023

[www.rosedaleprimary.co.uk](http://www.rosedaleprimary.co.uk)

## Rosedale Primary Guided Tours - 2026 Admissions

We are pleased to invite you to one of our upcoming guided tours at Rosedale Primary School, where you can discover the warm, inclusive and high-achieving environment praised in our last Ofsted inspection.

**Morning Tour: Monday 20th October 2025 at 9:30am**

**Afternoon Tour: Thursday 13th November 2025 at 4:00pm**

Come and see what makes our school community so special—from our engaging curriculum and creative classrooms to the many enrichment opportunities we offer.

To book your place on a tour, please visit our website:

<https://www.rosedaleprimary.co.uk/latest-news/guided-tour-dates-2026-admissions>

## Healthy Packed Lunches

We would like to thank all our families who continue to provide their children with a healthy and nutritious packed lunch. Please be reminded that we are a healthy eating school and that the following items are not permitted in packed lunches:

- Nuts
- Chocolate/chocolate biscuits, sweets or doughnuts
- Large packets of crisps
- Fizzy drinks

Thank you for your continued support.

 <h2 style="text-align: center;">SEPTEMBER TO OCTOBER 2025</h2>		
<b>SEPTEMBER</b>		
Tuesday 30th	9:30am	Phonics Workshop - Reception Parents
<b>OCTOBER - Black History Month</b>		
Thursday 2nd		National Poetry Day
Saturday 4th to Friday 10th		World Space Week National Libraries Week
Friday 10th		World Mental Health Day
Monday 13th		Pedestrian Training - Year 4
Tuesday 14th	9:30am	Tapestry Workshop - Nursery and Reception Parents
Friday 17th		KS2 Parents Coffee Morning
Friday 24th		Hampton Court Trip - Year 5 Halloween Party - Nursery and Reception
Monday 27th to Friday 31st		Half Term break

### Applying for Secondary School September 2026

We would like to inform all parents, guardians and carers of children born between 1st September 2014 and 31st August 2015 that the closing date for applications for Secondary School places to be received by the London Borough of Hillingdon is 31st October 2025. You can apply for your child's secondary school at ([www.hillingdon.gov.uk/secondary](http://www.hillingdon.gov.uk/secondary)).

You will receive information with regard to applying for your child starting secondary school shortly via email.

### Hampton Court Palace - Year 5 Trip

On Friday 24th October, Year 5 pupils will be attending a field trip to Hampton Court Palace in Surrey. We would like to remind parents, guardians and carers that all payments should be made through your child's iPayimpact account. Thank you for your support.

### Flu Vaccinations - Thursday 6th November

On Thursday 6th November, our local Immunisation Team will be visiting us to offer flu vaccines to Reception to Year 6 pupils. An email has been sent out with all the information regarding this. Please note your child will only receive the vaccination if you complete the consent form via the link below:

([Hillingdon@v-uk.co.uk](mailto:Hillingdon@v-uk.co.uk)).

If you did not receive this email, please let us know in the School Office so we can check your email address on the system.

	<b>Week Commencing: Monday 29th September</b>
	<b>MENU 1</b>

<b>MONDAY</b>		
Meal Choice 1	Chicken Goujons with Homemade Oven Baked Potato Slices and Beans	Halal
Meal Choice 2	Chicken Goujons with Homemade Oven Baked Potato Slices and Beans	Non Halal
Meal Choice 3	Baked Jacket Potato with Various Fillings	Vegetarian
Meal Choice 4	Gluten free Chicken Goujons with Potatoes and Beans	Gluten/Dairy Free
Dessert Choice	Strawberry Ice Cream and Fresh Strawberries Fresh Fruit and Yoghurts	
<b>TUESDAY</b>		
Meal Choice 1	Spaghetti Bolognese	Halal
Meal Choice 2	Spaghetti Bolognese	Non Halal
Meal Choice 3	Ratatouille Spaghetti	Vegetarian
Meal Choice 4	Bolognese with Gluten free Pasta	Gluten/Dairy Free
Dessert Choice	Jam Sponge Fresh Fruit and Yoghurts	
<b>WEDNESDAY</b>		
Meal Choice 1	Chicken Tikka Masala with Rice	Halal
Meal Choice 2	Chicken Tikka Masala with Rice	Non Halal
Meal Choice 3	Macaroni Cheese	Vegetarian
Meal Choice 4	Lightly Spiced Chicken Breast with Rice	Gluten/Dairy Free
Dessert Choice	Lemon Tart Fresh Fruit and Yoghurts	
<b>THURSDAY</b>		
Meal Choice 1	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing	Halal
Meal Choice 2	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing	Non Halal
Meal Choice 3	Cauliflower and Broccoli Cheese Bake	Vegetarian
Meal Choice 4	Turkey Escalope with Potatoes and Gluten free Gravy	Gluten/Dairy Free
Dessert Choice	Strawberry Jelly Fresh Fruit and Yoghurts	
<b>FRIDAY</b>		
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges	
Meal Choice 2	Tomato Pasta Bake	Vegetarian
Meal Choice 3	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Dessert Choice	Fresh Fruit Salad Fresh Fruit and Yoghurts	
<i>Please note that all main meals are served with Fresh Vegetables of the Day</i>		

### Harvest Festival Collection - Donating Items

As in previous years, we will be supporting our local food bank for the Harvest Festival. It is more important than ever for us to be able to donate to the Food Bank given these uncertain times, no matter how big or small the donation. We would appreciate donations of any items from the list below:

- Cereals
- Soups
- Baked Beans
- Tinned Tomatoes
- Canned Meat
- Canned Fish
- Tinned Fruits
- Biscuits
- Sugar
- Pasta
- Tea or Coffee
- Fruit Juice
- Long Life Milk
- Rice
- Jam
- Dried Mashed Potatoes
- Pudding
- Sauces/Gravy

If you would like to donate any of these items, please hand them into the School Office by **Friday 17th October**.