

Natural History Museum Trip – Year 4

To consolidate their knowledge on topics related to their classwork, the Year 4 pupils visited The Natural History Museum. The museum is divided into four different zones, each offering a unique learning experience. In the Orange Zone, pupils learned about real science in the Darwin Centre and got close to a range of soft bodied specimens (fish, reptiles and amphibians). In the Blue Zone, pupils explored the skeletons of different animals. Pupils were amazed at the life-sized blue whale model. In the Green Zone, pupils walked beneath the skeleton of the largest animal on earth, a 120 million-year-old Mantellisaurus. In the Red Zone, pupils explored the evolution of life on our planet. Overall, the pupils had a fun-filled day of exploring.





Romans Workshop

On Friday 7th February, the pupils in Year 3 participated in a Romans Workshop. They re-enacted the battle between Queen Boudica with the Iceni Tribe and the Emperor Claudius with the Roman Army. All the pupils eagerly got into character, which made the battle truly epic! They also experienced what daily life was like for some Romans including the rich, and the type of jobs their slaves would carry out for them. The pupils also got the chance to smell some of the Roman delicacy 'Garam' and as you can see from the pictures, the pupils clearly didn't like it as much as the Romans!





Road Safety Theatre – Year 6

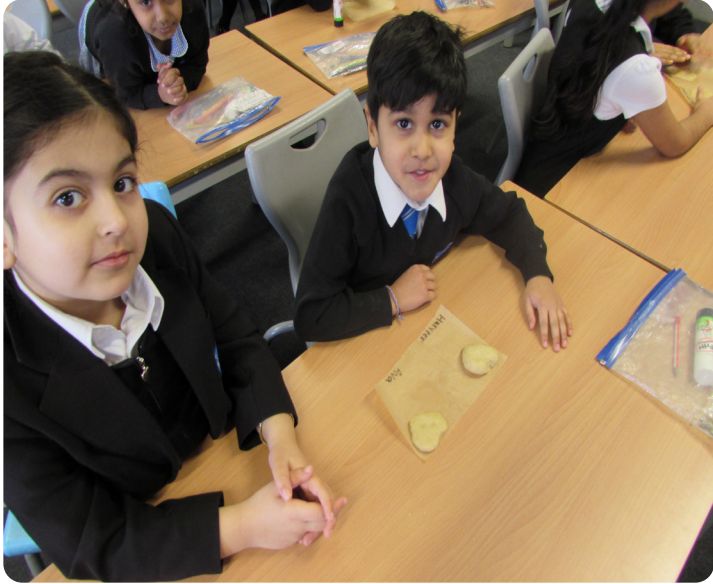
On Thursday 6th February, Year 6 participated in the Road Safety Theatre Event: 'The Incident at Station' where all participants were investigating a road accident which happened at the Station Road. The theatre project promotes safe and sustainable travel in an interactive and unforgettable way, promoting essential safety practices when travelling around roads. The pupils thoroughly enjoyed taking part and asked lots of very interesting questions!



Valentines Cookies

On Friday 14th February, in celebration of Valentine's day, Year 1 baked some heart shaped cookies! The pupils learnt what ingredients go together to make the biscuits. They mixed together the ingredients, used a heart shape cutter to make the biscuit shapes and baked them in the oven. Once the cookies had cooled down, the children happily decorated them with all sorts of toppings. They certainly smelled and looked delicious!





World Book Day - Thursday 6th March

In celebration of World Book Day, all the children have been invited to choose their favourite book from the theme for their Year Group and dress up for the day as a character from that book or can wear their cultural clothes.. The Year Group themes are as follows:

Nursery and Reception: Fairy tales

Year 1 and Year 2: Traditional stories from around the world

Year 3: A character from a favourite book

Year 4: Vikings and Anglo Saxons

Year 5: Ancient Greeks

Year 6: Famous people from history

Please note that all the children should aim to have the book with them. Please also be aware that children are not permitted to wear jeans or trainers and should not come dressed as superheroes. We would still like to collect for charity on World Book Day and as such, any family wishing to contribute to the collection should send their child to school with £1 on this day. All funds collected will be donated to the Water Aid Charity. Thank you.

Medical Appointments

Please make every effort to ensure that your child attends school every day. There is clear research to show that achievement at school is strongly linked with regular attendance. The habits that children develop at this early stage will influence their success even at secondary school. With this in mind, please would you try to make dental and other medical appointments after 3:30pm or in the school holidays.

Junior Citizens Event - Tuesday 18th March

On Tuesday 18th March, we will be taking the Year 6 on a trip Brunel University to attend the Junior Citizens Event. The pupils will go via Trust mini bus to the venue. All pupils will be required to wear their full and correct school uniform.

Book Fair - Wednesday 19th to Monday 24th of March

The book fair will be arriving at school from Wednesday 19th to Monday 24th March. Children will visit the fair during School time. All payments can be made online by clicking on the following link: (<https://bookfairs.scholastic.co.uk/pay>)

You will need to enter the School's postcode which is UB3 2SE and follow the instructions on screen. Thank you.

Fasting at Ramadan

We would like to make parents, guardians and carers aware that at The Rosedale Hewens Academy Trust, we only allow children in Year 6 to fast, as, in our experience, fasting in year groups below this has a detrimental effect upon a child's overall performance. Pupils in lower year groups could be supported to fast at home on the weekend if required, allowing families to supervise their health and wellbeing very closely. If you would like more information about this, please speak with a member of staff in the School Office.

Easter Bonnet Parades - Nursery

On Friday 28th March, children in Nursery will be proudly parading their Easter Bonnets for their families to see. The Nursery Children will deliver two parades at the following times:

11:00am - Lark
2:30pm - Owl

If you would like to attend your child's parades, please let us know at the School Office.

Incredible Eggs – Tuesday 18th March

On Tuesday 18th March, we will be receiving an egg-citing delivery for the Reception and Nursery children, just in time for their return to school! The children will have the opportunity to watch ducklings hatch, learn how to care for them, understand their life cycle and watch them grow.



MyHealth Asthma Workshops

MyHealth are running FREE Asthma workshops for parents who have children with Asthma. These sessions are run by the Hillingdon Hospital asthma nurses giving you the chance to learn from health professionals and to ask them questions directly.

Workshop Dates
 Friday 11th February: 10am-11am
 Thursday 13th March: 7:30pm-8:30pm
 Friday 11th April: 10am-11am

CONTACT THE TEAM TO RESERVE YOUR PLACE
 01895 543 437
 nhsnw1.myhealth@nhs.net

SCAN ME

Scan the code to register your space

What's included in the Workshop ?

What to do if your child is having an Asthma attack	Inhaler Techniques	Myth Busting	Common Triggers	Asthma Plans	Q&A
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SESSIONS PRESENTED BY A HILLINGDON ASTHMA NURSE

Easter Bonnet Parades


From Tuesday 25th, children in Early Years and Key Stage 1 will be proudly parading their Easter Bonnets for their families to see. The parades will be as follows:

Tuesday 25th March - Year 2
 Wednesday 26th March - Year 1
 Thursday 27th March - Reception

All parades will begin at 2:15pm outside the front of the School. If you would like to attend your child's parades, please let us know at the School Office.

Book Fair – Wednesday 19th to Monday 24th of March

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MARCH		
 <p style="text-align: center;">MARCH 2025</p>		
MARCH		
Tuesday 4th March	9:30am	Healthy Living Workshop - Reception, Year 1 and Year 2 Parents
		Pan Cake Day
Thursday 6th		World Book Day
		Personal Safety Workshop - Year 4
		Future Life Workshop - Year 6
Friday 7th	9:30am	Coffee Morning - Nursery, Reception, Year 1 and Year 2 Parents
		NCMP - Follow Up
Wednesday 12th	9:00am to 10:am	Easter Bonnet Preparation - Robin and Owls Parents
	2:00pm to 3:00pm	Easter Bonnet Preparation - Sparrow and Lark Parents
Monday 17th	9:30am	Easter Performance - Year 6
		Hearing and Vision Check - Follow Up
Tuesday 18th		Junior Citizens Event - Year 6
		Resilience Workshop - Year 3
		Incredible Eggs - Arriving In School
Tuesday 19th to Friday 21st		Book Fair
Tuesday 19th	9:30am	Easter Performance - Year 5
Friday 21st	9:30am	Easter Performance - Year 4
Monday 24th	9:30am	Easter Performance - Year 3
Tuesday 25th	9:30am	"Behavior and Emotional Regulation" - Year 1, 2 and 3 Parent's Workshop
	2:15pm	Easter Bonnet Parade - Year 2
Wednesday 26th	2:15pm	Easter Bonnet Parade - Year 1
Thursday 27th	2:15pm	Easter Bonnet Parade - Reception
Friday 28th	11:00am	Easter Bonnet Parade - Nursery AM
	2:15PM	Easter Bonnet Parade - Nursery PM

Recycle, Re-Use - School Uniform

In order to tackle the rapidly growing global environmental challenges for a sustainable future, we aim to normalise the reusing of pre-loved school uniform in order to reduce our carbon footprint.

This is a great opportunity for our school to embed environmental awareness within our school community, strengthen our green credentials and extend the lifespan of our uniforms whilst supporting a recycling culture.

Should you have any unwanted items of uniform in wearable condition, please donate these to your child's school to support our campaign for green initiatives whilst helping our families in need of support Thank you for your support.

	Week Commencing: Monday 3rd March
	MENU 4

MONDAY		
Meal Choice 1	Spaghetti Bolognese	Halal
Meal Choice 2	Spaghetti Bolognese	Non Halal
Meal Choice 3	Mediterranean Pasta Bake	Vegetarian
Meal Choice 4	Bolognese with Gluten free Pasta	Gluten/ Dairy Free
Dessert Choice	Raspberry Jelly	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Chicken Sausages with Mashed Potatoes and Beans	Halal
Meal Choice 2	Chicken Sausages with Mashed Potatoes and Beans	Non Halal
Meal Choice 3	Vegetarian Sausages with Mashed Potatoes and Onion Gravy	Vegetarian
Meal Choice 4	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter	Gluten/ Dairy Free
Dessert Choice	Jam and Coconut Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Diced Lamb with Noodles and Vegetable Stir Fry	Halal
Meal Choice 2	Diced Lamb with Noodles and Vegetable Stir Fry	Non Halal
Meal Choice 3	Vegetable Stir Fry with Noodles	Vegetarian
Meal Choice 4	Diced Lamb with Vegetable Stir Fry	Gluten/ Dairy Free
Dessert Choice	Vanilla Ice Cream with Peaches	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Halal
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Non Halal
Meal Choice 3	Cheese and Onion Tart	Vegetarian
Meal Choice 4	Roast Chicken with Roast Potatoes and Gluten free Gravy	Gluten/ Dairy Free
Dessert Choice	Chocolate Sponge	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers or Battered Chicken with Potato Wedges	Halal
Meal Choice 2	Fish Fingers or Battered Chicken with Potato Wedges	Non Halal
Meal Choice 3	Macaroni Cheese	Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/ Dairy Free
Dessert Choice	Custard Tart	Fresh Fruit and Yoghurts

Please note that all main meals are served with Fresh Vegetables of the Day






Help us to reduce our carbon footprint by donating your pre-loved school uniform!

Visit our website for more information



RECYCLE



RE-USE