



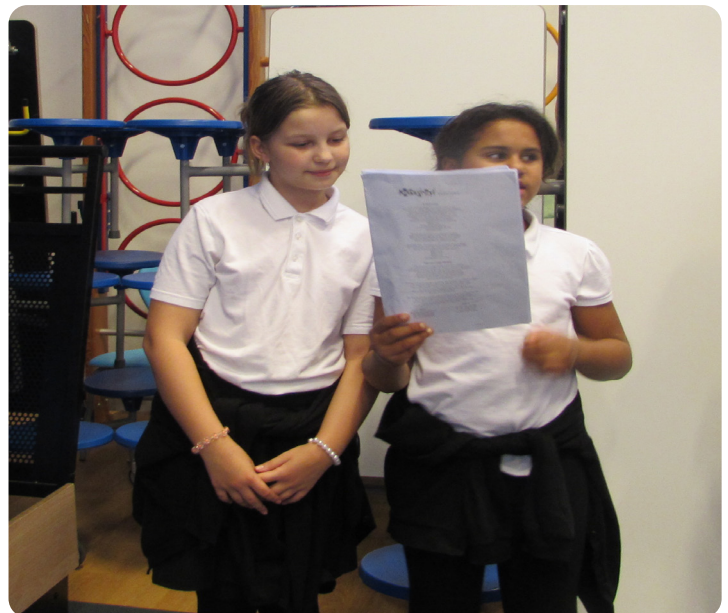
Nursery Activities

The Nursery children have returned to school after the Christmas holidays and jumped straight back into various activities. The children used the interactive whiteboards to practise writing different sounds they have learnt, engaged in sensory play using the sandpit and soft foam, and attempted various Mathematics games to develop and reinforce basic numeracy skills. They were all thrilled to return to Nursery and were ecstatic to see their friends!



Young Voices Rehearsals

The pupils taking part in the Young Voices choir have been rehearsing hard in preparation for the Young Voices concert. The pupils have been singing a wide variety of songs from many different genres whilst learning dance moves to go along with it. They have all been enjoying being part of the choir and have put in all the effort that is required of them. Well done!





JANUARY 2025

JANUARY		
Tuesday 21st		Mental Health Awareness Session - Year 3
Wednesday 22nd		Young Vices Concert
Friday 24th		Science Museum Trip - Year 3
Tuesday 28th	9:30am	Healthy Living Parents Workshop - Year 3, 4 and 5
Wednesday 29th		Christmas Performance USB Order - Deadline
Thursday 30th		NCMP - Follow Up Hearing and Vision Checks - Follow Up

Trip to Science Museum – Year 3

On Friday 24th January, pupils in Year 3 will be visiting the Science Museum. You will need to bring your child into school by no later than 8:30am to ensure that the children can leave promptly. For the trip, pupils will be required to wear their full and correct school uniform. All payments and reply slips should now have been handed in. If you have any issues or concerns preventing you from making the payment or handing in the reply slip, please do let us know at the School Office.

Contact Emails

Please can all parents, guardians and carers provide the School Office with their contact emails. You can do this by sending an email to the school email on rosedaleprimary@trhat.org. It is vital that all contact details for your child are kept update to so that we can inform you of school updates as well as in the event of an emergency. Thank you for your continued support and cooperation. .

MyHealth Asthma Workshops

MyHealth are running FREE Asthma workshops for parents who have children with Asthma. These sessions are run by the Hillingdon Hospital asthma nurses giving you the chance to learn from health professionals and to ask them questions directly. Some of the content included in these sessions is:

The workshop is run online using ZOOM you can register your FREE place via the link

[\[https://www.eventbrite.co.uk/e/myhealth-asthma-workshop-for-parents-children-tickets-191548726397?aff=oddtcreator\]](https://www.eventbrite.co.uk/e/myhealth-asthma-workshop-for-parents-children-tickets-191548726397?aff=oddtcreator).

You can also contact the MyHealth team on tel: 01895 543 437 or nhsnw.myhealth@nhs.net.

	Week Commencing: Monday 20th January
	MENU 3

MONDAY		
Meal Choice 1	Chicken Sausages with Mashed Potatoes and Onion Gravy	Halal
Meal Choice 2	Chicken Sausages with Mashed Potatoes and Onion Gravy	Non Halal
Meal Choice 3	Vegetarian Sausages with Mashed Potatoes and Onion Gravy	Vegetarian
Meal Choice 4	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter	Gluten/ Dairy Free
Dessert Choice	Orange Jelly	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Beef Lasagne with Fresh Salad	Halal
Meal Choice 2	Beef Lasagne with Fresh Salad	Non Halal
Meal Choice 3	Vegetarian Lasagne with Fresh Salad	Vegetarian
Meal Choice 4	Minced Beef with Gluten free Pasta	Gluten/ Dairy Free
Dessert Choice	Chocolate Mousse	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Barbecue Grilled Chicken Breast with Rice	Halal
Meal Choice 2	Barbecue Grilled Chicken Breast with Rice	Non Halal
Meal Choice 3	Baked Jacket Potato with Various Fillings	Vegetarian
Meal Choice 4	Barbecue Grilled Chicken Breast with Rice	Gluten/ Dairy Free
Dessert Choice	Apple Crumble	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Cajun Chicken in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Halal
Meal Choice 2	Cajun Chicken in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Non Halal
Meal Choice 3	Roast Mediterranean Vegetables in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Vegetarian
Meal Choice 4	Cajun Chicken with Oven Cooked Potato Slices and Tomato Salsa	Gluten/ Dairy Free
Dessert Choice	Vanilla Sponge with a Pineapple Ring and a Cherry	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	Halal
Meal Choice 2	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	Non Halal
Meal Choice 3	Macaroni Cheese	Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/ Dairy Free
Dessert Choice	Chocolate Brownie Tray Bake	Fresh Fruit and Yoghurts
<i>Please note that all main meals are served with Fresh Vegetables of the Day</i>		

