

## Christmas Performance - Year 5



On Wednesday 4th December, Year 5 children demonstrated their individual talents as they performed in their annual Christmas show, which this year, told the story of the cruelty of King Herod during the time of Jesus. The performance was linked to the contemporary world, sending out the message that anyone can be a superstar! It was a wonderful musical performance by the children, who sang their songs with delightful enthusiasm. A fun party for all Year 5 pupils then took place, where they all celebrated the end of a very successful day!





## Year 4 Christmas Performance

On Friday 6th December, pupils in Year 4 transported us back in time as the Romans arrived in full force to announce the birth of a King during their Christmas performance. With confidence and flair, they proudly showcased their impressive knowledge of history, leaving the audience thoroughly captivated. A heartfelt thank you to all parents, guardians, and carers for your invaluable support and for joining us to celebrate this special occasion!





### Year 3 Christmas Performances

On Monday 9 December, Year 3 lit up the stage with their vibrant performance of 'Children of the World.' With enthusiasm and confidence, they showcased how Christmas is celebrated across different countries, sharing a heartfelt message of peace and unity that resonated with everyone. After all their hard work, the children deservedly enjoyed a joyful afternoon filled with fun and festivities at their Christmas party. A wonderful way to celebrate their fantastic achievements!





## Christmas Wrapping Paper

Pupils in Nursery have been busy spreading Christmas cheer by creating their very own festive wrapping paper! Using innovative techniques and vibrant colours, their wonderful creations were a feast for the eyes. These special designs are now ready to be sent off to the North Pole, where the Elves eagerly await them in preparation for a visit from a very important guest!





### Christmas Meals - Wednesday 18th December

On Wednesday 18th December, we will be offering the children who wish to have a school dinner, a free traditional Christmas meal and a dessert.

All information regarding Christmas meals is available on IPayimpact. You will be required to log into your child's IPay account and select their meal preference at your earliest convenience.



### CHRISTMAS MEAL Primary and Day Nursery School Wednesday 18<sup>th</sup> December 2024

#### MAINS

Roast Turkey  
Rich Onion Vegetable Gravy  
Available in Halal and Non-Halal

#### VEGETARIAN

Frank Dale Frozen Mini Quiche Selection, Roasted Potatoes Sage and Onion  
Stuffing Yorkshire, Pudding  
Vegetable Goujons

#### ALL MAIN DISHES

Roasted Rosemary and Thyme Potatoes  
Sage and Onion Stuffing  
Yorkshire, Pudding  
Honey Glazed Baby Carrots  
Baby Buttered Brussels sprouts

#### DESSERT

Rich Chocolate Cake with a Callebaut Chocolate Topping Sauce  
Fresh Fruits and Yoghurts



### Road Safety and Traffic Congestion

We would like to say thank you to everyone for driving and parking safely when dropping off and picking your children up from school. We ask that, where possible, please avoid making any U-turns outside the front of the School. This is to minimise and ease congestion during peak times. There are roundabouts at either end of Wood End Green Road, which can be utilised to make any turns. Also, please try to avoid driving your cars on the pavements, as this is very unsafe for pedestrians. Thank you for your continued support and cooperation.

### MyHealth Asthma Workshops

MyHealth are running FREE Asthma workshops for parents who have children with Asthma. These sessions are run by the Hillingdon Hospital asthma nurses giving you the chance to learn from health professionals and to ask them questions directly. Some of the content included in these sessions is:

The workshop is run online using ZOOM you can register your FREE place via the link

[\[https://www.eventbrite.co.uk/e/myhealth-asthma-workshop-for-parents-children-tickets-191548726397?aff=oddtcreator\]](https://www.eventbrite.co.uk/e/myhealth-asthma-workshop-for-parents-children-tickets-191548726397?aff=oddtcreator).

You can also contact the MyHealth team on tel: 01895 543 437 or [nhsnw.myhealth@nhs.net](mailto:nhsnw.myhealth@nhs.net).

**Workshop Dates**  
ALL SESSIONS: 4PM - 5PM  
Monday 4th November  
Monday 2nd December  
Monday 6th January  
Monday 3rd February

**CONTACT THE TEAM TO RESERVE YOUR PLACE**  
☎ 01895 543 437  
✉ [nhsnw.myhealth@nhs.net](mailto:nhsnw.myhealth@nhs.net)

Scan the code to register your space

**What's Included In The Workshop ?**

What to do if your child is having an Asthma attack	Inhaler Techniques	Myth Busting	Common Triggers	Asthma Plans	Q&A
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SESSIONS PRESENTED BY A HILLINGDON ASTHMA NURSE

## Young Voices Parent Meeting

On Thursday 16th January, we will be holding a meeting at 4:00pm regarding the Young Voices Concert which is taking place on Wednesday 22nd January. At this meeting, we will be providing relevant information about the running of the day. If your child is taking part in the Young Voices Concert this year, please ensure you attend the meeting. Thank you.

## Trip to Science Museum – Year 3

On Friday 24th January, Pupils in Year 3 will be visiting Science Museum. You will need to bring your child into school by no later than 8:30am to ensure that the children can leave promptly. For the trip, pupils will be required to wear their full and correct school uniform. All payments and reply slips should now have been handed in. If you have any issues or concerns preventing you from making the payment or handing in the reply slip, please do let us know at the School Office.

## Recycle, Re-Use – School Uniform

In order to tackle the rapidly growing global environmental challenges for a sustainable future, we aim to normalise the reusing of pre-loved school uniform in order to reduce our carbon footprint. This is a great opportunity for our school to embed environmental awareness within our school community, strengthen our green credentials and extend the lifespan of our uniforms whilst supporting a recycling culture.

Should you have any unwanted items of uniform in wearable condition, please donate these to your child's school to support our campaign for green initiatives whilst helping our families in need of support. Thank you for your support.



The graphic features a green background with a circular arrow icon on the left containing the logo for 'THE ROSEDALE HEWENS ACADEMY TRUST'. In the center, there are illustrations of a male school uniform (jacket, shirt, tie, trousers) and a female school uniform (jacket, blouse, skirt). A yellow speech bubble on the left contains the text: 'Help us to reduce our carbon footprint by donating your pre-loved school uniform! Visit our website for more information'. At the bottom, there are two green buttons with circular arrows and the text 'RECYCLE' and 'RE-USE'.

## Start of Spring Term

Please be reminded that school commences for the Spring term on Wednesday 8th January at the normal start time of 8:30am. It is essential that your children arrive on time as lessons will begin promptly. It is extremely important that every child makes a positive start to the new term!

## Free Winter Half-Term Programme 2024/25

The Hillingdon Youth Offer's Targeted Team is offering a fun-filled winter programme during the Christmas school holiday for the enjoyment and growth of children and young people in Hillingdon. Across the action-packed days, expect activities ranging from creative arts, STEM, sports to cooking aimed at fostering fun, creativity, teamwork skills and improved well-being. It is a fantastic opportunity for our young residents to learn new skills, make friends, and create lasting memories. Sessions are fun, free and provided on a referral basis.

Visit our website for more information on session times, and how to book:

<https://www.therosedalehewensacademytrust.co.uk/free-winter-half-term-programme-2024/25>



The graphic has a green background with several light green stars. At the top center is the Hillingdon London crest. Below it, the text 'HILLINGDON LONDON' is written in a gold, serif font. The main title 'Winter Half-Term Programme' is in a large, white, bold font, followed by 'Targeted programmes for children and young people' in a smaller white font. Below that, it says 'Fun, free sessions and workshops for 8 to 24-year-olds who live, learn or earn in Hillingdon and may benefit from additional targeted support.' At the bottom, there is a large orange banner with the hashtag '#DOSOMETHINGTHISHOLIDAY' in white, bold letters. Below the banner, it says 'Sessions are fun, free and provided on a referral basis.'

 <h2 style="text-align: center;">DECEMBER 2024 TO JANUARY 2025</h2>		
DECEMBER		
Monday 16th	9:30am	Christmas Performance and Party - Reception
Tuesday 17th	9:30am	Christmas Performance and Party - Nursery
Thursday 19th		Hearing and Vision Screening - Reception
Friday 20th		Early Dismissals
JANUARY		
Monday 6th	1:00pm to 5:00pm	Parents Consultations
Tuesday 7th	1:00pm to 5:00pm	Parents Consultations
Wednesday 8th	8:30am	Term Begins
Monday 13th to Friday 17th		Life Base Workshops
Tuesday 14th		Mental Health Awareness Session - Year 4 Pedestrian Training - Reception
Wednesday 15th		Primary School Admissions 2025 - Deadline
Thursday 16th	4:00pm	Young Voices - P Year 5 Parents Workshop
Friday 17th		GBC Residential Trip - 4th Instalment Deadline
Tuesday 21st		Mental Health Awareness Session - Year 3
Wednesday 22nd		Young Vices Concert
Friday 24th		Science Museum Trip - Year 3
Tuesday 28th	9:30am	Healthy Living Parents Workshop - Year 3, 4 and 5
Thursday 30th		NCMP - Follow Up Hearing and Vision Checks - Follow Up

### Primary School Admissions 2025

We would like to inform all parents, guardians and carers of children born between 1st September 2020 and 31st August 2021 that the closing date for applications for Primary School places to be received by the London Borough of Hillingdon is Wednesday 15th January 2025.

To ensure your application arrives on time and in order to give your child the best possible chance of being offered the school of your choice, we would advise that you submit your applications prior to the Christmas holiday period. Further information can be found on ([www.hillingdon.gov.uk/primary](http://www.hillingdon.gov.uk/primary)).

You will have received information with regard to applying for your child starting primary school via email.

	<b>Week Commencing: Monday 16th December</b>
	<b>MENU 3</b>

MONDAY		
Meal Choice 1	Chicken Sausages with Mashed Potatoes and Onion Gravy	Halal
Meal Choice 2	Chicken Sausages with Mashed Potatoes and Onion Gravy	Non Halal
Meal Choice 3	Vegetarian Sausages with Mashed Potatoes and Onion Gravy	Vegetarian
Meal Choice 4	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter	Gluten/ Dairy Free
Dessert Choice	Orange Jelly	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Beef Lasagne with Fresh Salad	Halal
Meal Choice 2	Beef Lasagne with Fresh Salad	Non Halal
Meal Choice 3	Vegetarian Lasagne with Fresh Salad	Vegetarian
Meal Choice 4	Minced Beef with Gluten free Pasta	Gluten/ Dairy Free
Dessert Choice	Chocolate Mousse	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice	Christmas Lunch	
THURSDAY		
Meal Choice 1	Cajun Chicken in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Halal
Meal Choice 2	Cajun Chicken in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Non Halal
Meal Choice 3	Roast Mediterranean Vegetables in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Vegetarian
Meal Choice 4	Cajun Chicken with Oven Cooked Potato Slices and Tomato Salsa	Gluten/ Dairy Free
Dessert Choice	Vanilla Sponge with a Pineapple Ring and a Cherry	Fresh Fruit and Yoghurts
<i>Please note that all main meals are served with Fresh Vegetables of the Day</i>		

# WINTER WELLNESS DIRECTORY 2024

Helping you live well this winter





