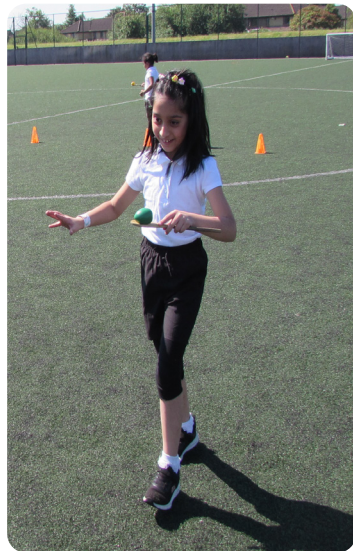


Year 1 and 2 Sports Day

On Friday 7th June, the Year 1 and 2 pupils took part in their much-anticipated Sports Day. The children were all excited and eager to take part in the number of activities planned for the day, ranging from the egg and spoon race, penalty shoot-out, an obstacle course and various track events. All the children worked collectively in their tube stations, embodying competitive spirit and skill as well as exemplifying good sportsmanship on the field in celebrating their teammates' achievements.

Thank you to the Rosedale College Physical Education (PE) Alliance for putting on such a well-organised and varied morning for the children





Willow Activity Farm Trip

The Reception pupils had a great day out at Willow Activity Farm Park on Friday 24th May. They went on a guided tractor ride around the farm to see some of the bigger animals to learn about the breed of each animal, where they originally come from and what they like to do and eat. They ended the day playing on the outdoor adventure playground and playing in the soft play areas where they all had great fun.





Asthma Workshops



MyHealth are running FREE Asthma workshops for parents who have children with Asthma. These sessions are run by the Hillingdon Hospital asthma nurses giving you the chance to learn from health professionals and to ask them questions directly. Some of the content included in these sessions is:

- Asthma attacks
- Asthma triggers
- Inhaler techniques
- Asthma action plans

The workshop is run online using ZOOM you can register your FREE place via the link (<https://www.eventbrite.co.uk/e/myhealth-asthma-workshop-for-parents-children-tickets-191548726397>). All sessions are from 4 - 5 pm and current dates are:

- Monday 1st July
- Monday 2nd September

You can also contact the MyHealth team on tel: 01895 543 437 or nhsnw1.myhealth@nhs.net



The flyer features the logos for H4All (The Confederation, stronger together) and MyHealth (myself, my life). The main title is "Childhood Asthma" in large orange letters, with "FREE Online Workshops" below it. A blue box contains the "Workshop Dates": ALL SESSIONS: 4PM - 5PM, Monday 3rd June, Monday 1st July, and Monday 2nd September. Below this, it says "CONTACT THE TEAM TO RESERVE YOUR PLACE" with a phone icon and number 01895 543 437, and an email icon with nhsnw1.myhealth@nhs.net. A "SCAN ME" button is next to a QR code, with the text "Scan the code to register your space" below it. An illustration of children playing under a tree is on the right. At the bottom, a green bar lists "What's Included In The Workshop?": What to do if your child is having an Asthma attack, Inhaler Techniques, Myth Busting, Common Triggers, Asthma Plans, and Q&A. The footer states "SESSIONS PRESENTED BY A HILLINGDON ASTHMA NURSE".

 <p style="text-align: center;">JUNE 2024</p>		
JUNE		
Thursday 20th	3:45pm to 4:30pm	Parents Meeting - Year 6 Residential Trip
Friday 21st	9:30am to 11:00am	Sports Day - Year 3 and 4
Tuesday 25th	9:30am	New Reception Parents Meeting
Thursday 27th	9:30am	New Nursery Parents Meeting
Friday 28th	9:30am to 11:00am	Sports Day - Year 5 and 6

Water Bottles

Please can all parents, guardians and carers make sure they are providing their child with a water bottle every day, especially in this hot weather. The water bottle should be clearly labelled with the child's name on and taken home every day. We are making sure that the children are kept hydrated throughout the day which is not only important in the summer months but it will help the children to concentrate when they are in class. Thank you.

Year 6 Residential Meeting - Thursday 20th June

On Thursday 20th June, we will be holding a Year 6 Residential Trip meeting for parents, guardians and carers of those children who will be going to the Gordon Brown Centre on Monday 8th to Friday 12th July. The meeting will take place in the Main Hall at 3:45pm.



	<p>Week Commencing: Monday 17th June</p> <p>MENU 2</p>
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MONDAY		
Meal Choice 1	Beef Meatball Pasta Bake	Halal
Meal Choice 2	Beef Meatball Pasta Bake	Non Halal
Meal Choice 3	Vegetable Pasta Bake	Vegetarian
Meal Choice 4	Meatballs with Gluten free Pasta	Gluten/ Dairy Free
Dessert Choice	Strawberry Mousse with Fresh Strawberries	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal
Meal Choice 2	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Non Halal
Meal Choice 3	Creamy Pasta Bake	Vegetarian
Meal Choice 4	Lamb Patty with Rice	Gluten/ Dairy Free
Dessert Choice	Chocolate Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Baked Jacket Potato with Fillings [sliced chicken, salad, coleslaw, tuna]	
Meal Choice 2	Sweet Potato with Fillings [sliced chicken, salad, coleslaw, tuna]	
Meal Choice 3	Baked Jacket Potato with Salad and Beans	Gluten/ Dairy Free
Dessert Choice	Fruit Tarts	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Halal
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Non Halal
Meal Choice 3	Vegetable Tart	Vegetarian
Meal Choice 4	Roast Chicken with Roast Potatoes and Gluten free Gravy	Gluten/ Dairy Free
Dessert Choice	Vanilla Cheesecake	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	Halal
Meal Choice 2	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	Non Halal
Meal Choice 3	Vegetable and Cheese Pasta Bake	Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/ Dairy Free
Dessert Choice	Apple Pie	Fresh Fruit and Yoghurts
<i>Please note that all main meals are served with Fresh Vegetables of the Day</i>		

Sports Day - Years 3 to 6

The Sports Day for pupils in Years 3 to 6 will take place on the following days:

- Friday 21st June, 9:30am to 11:00am - Year 3 and 4**
- Friday 28th June, 9:30am to 11:00am - Year 5 and 6**

All children are required to wear the full and correct Physical Education (PE) Kit for the Sports Days. If you require any items of the PE Kit, please make sure you place an order via iPayimpact in good time to ensure its arrival before your child's Sports Day. All children will also need their own water bottle which is clearly labelled with their name.

Sun Cream and Hats

As we are in the summer months and the weather gets warmer, please ensure your child is wearing sun cream particularly on sunny days (which should be applied before coming to school) and a sun hat for when they are outside. Thank you.