

## New Reception Children

All the new Reception children thoroughly enjoyed their first day of Primary School on Wednesday 6th September. They were excited to meet their teachers and eagerly took part in lots of fun learning activities. Playtime proved to be great fun as they played games and made friends!





### Breakfast Club and Aftercare

As you may know, our Breakfast Club and Aftercare provision has now resumed. With this in mind, please ensure you inform the School Office of when your child will need to use this service. All payments should be made in advance, via IPAY impact. Please note if payment is not received, your child will be unable to access this service. Thank you.

### Applying for Secondary School for September 2024

We would like to inform all parents, guardians and carers of children born between 1st September 2012 and 31st August 2013 that the closing date for applications for Secondary School places to be received by the London Borough of Hillingdon, by post or online, is Tuesday 31st October 2023.

To ensure your application arrives on time and in order to give your child the best possible chance of being offered the school of your choice, we would advise that you submit your applications no later than Friday 27th October to ensure that it is received by the published deadline.

You can apply for your child's secondary school at (<https://www.hillingdon.gov.uk/secondary>). You will receive information with regard to applying for your child starting secondary school shortly.

### Updating Email Addresses

Please can all parents, guardians and carers ensure that we have an email address on the School system for both parents as we would like to send out further communication via email. You can either email the School account with this information or fill out the contact details form at the School Office. Thank you very much for your cooperation.

## Harvest Festival Collection - Donating Items:

As in previous years, we will be supporting our local food bank for the Harvest Festival. It is more important than ever for us to be able to donate to the Food Bank given these uncertain times, no matter how big or small the donation. We would appreciate donations of any items from the list below:

- Cereals
- Soups
- Baked Beans
- Tinned Tomatoes
- Canned Meat
- Canned Fish
- Tinned Fruits
- Biscuits
- Crisps
- Sugar
- Pasta
- Tea or Coffee
- Flour bag
- Noodles
- Fruit Juice
- Long Life Milk
- Rice
- Jam
- Dried Mashed Potatoes
- Pudding
- Sauces/Gravy
- Treats e.g. Chocolates

If you would like to donate any of these items, please hand them into the School Office by Monday 16th October 2023.

## Black History Month – October 2023

Black History Month is the annual celebration and commemoration of moments in history, achievements and contributions that Black people have made. First brought to the UK in the 1980s, Black History Month was initially introduced to the country by a member of the Greater London Council, Akyaaba Addai Sebo. Since 1987, Black History Month has been celebrated annually in the UK, to help eradicate discrimination and encourage racial equality.

At Rosedale Primary School, we will be honouring the contributions made to society by people of black heritage and their communities.

## School Uniform

All children within our school community are expected to wear the full and correct school uniform whilst attending school. This helps to demonstrate a sense of belonging, inclusion and ensure that no one stands out. It has been brought to our attention that a number of children are not in possession of the full or correct school uniform, which includes a book bag. You can find the uniform requirements on our website by following this link: (<https://www.rosedaleprimary.co.uk/uniform-requirements>). Please can you make sure that any missing items of uniform are purchased through your child's iPayimpact account. Thank you for your support.

## MyHealth Asthma Workshops

MyHealth are running FREE Asthma workshops for parents who have children with Asthma. These sessions are run by the Hillingdon Hospital asthma nurses giving you the chance to learn from health professionals and to ask them questions directly. Some of the content included in these sessions is:

- Asthma attacks
- Asthma triggers
- Inhaler techniques
- Asthma action plans


The workshop is run online using ZOOM you can register your FREE place [HERE](https://www.eventbrite.co.uk/e/myhealth-asthma-workshop-for-parents-children-tickets-191548726397).

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All sessions are from 4 - 5 pm and current dates are:

- Monday 2nd October
- Monday 6th November
- Monday 4th December

You can also contact the MyHealth team on tel: 01895 543 437 or [nhsnlccg.myhealth@nhs.net](mailto:nhsnlccg.myhealth@nhs.net).



The poster features the HAAI logo (stronger together) and the MyHealth logo (My self, My life). It announces a FREE Virtual Asthma Workshop's. The dates are listed in a table: October 2nd, November 6th, and December 4th. The time is 4pm - 5pm. A QR code is provided for registration. Contact information includes the email nhsnlccg.myhealth@nhs.net and the phone number 01895 543 437. The workshop content is detailed in a table below.

October	November	December
2nd	6th	4th

**4pm - 5pm**

The workshop is run online using ZOOM you can register your FREE place by scanning the QR code

[nhsnlccg.myhealth@nhs.net](mailto:nhsnlccg.myhealth@nhs.net) 01895 543 437

**WHAT'S INCLUDED IN THE WORKSHOP ?**

What to do if your child is having an Asthma attack	Inhaler Techniques	Myth Busting	Common Triggers	Asthma Plans	Q&A
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**SESSION PRESENTED BY A HILLINGDON ASTHMA NURSE**

## Bikeability Training

On Monday 2nd through to Thursday 5th October Year 6 have the opportunity to take part in the Bikeability training which promotes safe cycling. Unlike previous years, the Bikeability team are unable to provide the Dr Bike service which allows them to look at your children's bikes to ensure they are safe and in good working order. In this instance, they have provided us with a link to a video so you are able to check your child's bike yourselves and make any necessary repairs should they be required. You can find this information on

[<https://bikeability.org.uk/cycle-more/be-prepared/looking-after-your-bike/>]. Thank you.

## School Shoes

We have noticed that some children are coming to school wearing trainers and incorrect school shoes. All children are expected to wear plain black shoes. Thank you.



### Terms and Holidays 2023-24 PRIMARY PHASE

#### AUTUMN TERM 2023

**Staff Training:** Monday 4<sup>th</sup> September 2023  
(Half day) [Training – morning only]  
[Parent Consultation – afternoon and early evening]

**Staff Training:** Tuesday 5<sup>th</sup> September 2023  
(Half day) [Training – morning only]  
[Parent Consultation – afternoon and early evening]

**Term Begins:** Wednesday 6<sup>th</sup> September 2023 (All year groups)

**Half Term:** Monday 23<sup>rd</sup> to Friday 27<sup>th</sup> October 2023

**Term Ends:** Thursday 21<sup>st</sup> December 2023

#### SPRING TERM 2024

**Staff Training:** Monday 8<sup>th</sup> January 2024  
(Half day) [Training – morning only]  
[Parent Consultation – afternoon and early evening]

**Staff Training:** Tuesday 9<sup>th</sup> January 2024  
(Half day) [Training – morning only]  
[Parent Consultation – afternoon and early evening]

**Term Begins:** Wednesday 10<sup>th</sup> January 2024

**Half Term:** Monday 12<sup>th</sup> to Friday 16<sup>th</sup> February 2024

**Term Ends:** Thursday 28<sup>th</sup> March 2024

#### SUMMER TERM 2024

**Staff Training:** Monday 15<sup>th</sup> April 2024  
(Half day) [Training – morning only]  
[Parent Consultation – afternoon and early evening]

**Staff Training:** Tuesday 16<sup>th</sup> April 2024  
(Half day) [Training – morning only]  
[Parent Consultation – afternoon and early evening]

**Term Begins:** Wednesday 17<sup>th</sup> April 2024

**Bank Holiday:** Monday 6<sup>th</sup> May 2024 (May Day)

**Half Term:** Monday 27<sup>th</sup> to Friday 31<sup>st</sup> May 2024

**Term Ends:** Monday 22<sup>nd</sup> July 2024

**Staff Training:** Tuesday 23<sup>rd</sup> July 2024

**Staff Training:** Wednesday 24<sup>th</sup> July 2024

	<b>Week Commencing: Monday 18th September</b>	
	<b>MENU 2</b>	

MONDAY		
Meal Choice 1	Beef Meatball Pasta Bake	Halal
Meal Choice 2	Beef Meatball Pasta Bake	Non Halal
Meal Choice 3	Vegetable Pasta Bake	Vegetarian
Meal Choice 4	Meatballs with Gluten free Pasta	Gluten/Dairy Free
Dessert Choice	Strawberry Mousse with Fresh Strawberries	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal
Meal Choice 2	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Non Halal
Meal Choice 3	Creamy Pasta Bake	Vegetarian
Meal Choice 4	Lamb Patty with Rice	Gluten/Dairy Free
Dessert Choice	Chocolate Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Baked Jacket Potato with Fillings [sliced chicken, salad, coleslaw, tuna]	
Meal Choice 2	Sweet Potato with Fillings [sliced chicken, salad, coleslaw, tuna]	Vegetarian
Meal Choice 3	Baked Jacket Potato with Salad and Beans	Gluten/Dairy Free
Dessert Choice	Fruit Tarts	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Halal
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Non Halal
Meal Choice 3	Vegetable Tart	Vegetarian
Meal Choice 4	Roast Chicken with Roast Potatoes and Gluten free Gravy	Gluten/Dairy Free
Dessert Choice	Vanilla Cheesecake	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	Halal
Meal Choice 2	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	Non Halal
Meal Choice 3	Vegetable and Cheese Pasta Bake	Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Dessert Choice	Apple Pie	Fresh Fruit and Yoghurts
<i>Please note that all main meals are served with Fresh Vegetables of the Day</i>		

			<h1>SEPTEMBER TO OCTOBER 2023</h1>
SEPTEMBER			
Wednesday 20th		Reception Start Full Time	
Thursday 21st	9:30am	Phonics Workshop - Reception Parents	
Friday 22nd	9:30am	Phonics Workshop - Year 1 Parents	
Friday 29th	9:30am	SATs Workshop - Year 6 Parents	
OCTOBER			
Monday 16th		School Photographs	
Wednesday 18th		Hampton Court Trip Last Day For Payment	
Friday 20th	12:00pm	Internet Safety Talk - Year 5	
Monday 23rd to Friday 27th		Half Term Break	