

## Staying for Lunch - Reception

Over the last couple of weeks, the Reception children have been staying for lunch! With a fresh look at the lunch time experience, they found the event fascinating as they explored the menu and even formed new friendships. Although filled with excitement, the children realised the importance of eating first and talking after.



At Rosedale Primary, we are encouraging the children to concentrate on eating their food but, as lunchtime is a special occasion, they are still learning how to get the balance right.



## Online Safety

Online Safety is an important part of keeping children safe at Rosedale Primary. In an ever-changing world, ensuring pupils' safety online has never been more important. As we continue to promote positive use of technology to ensure the safety of all our pupils, we kindly advise all parents, guardians and carers to educate their children on the importance of making positive and informed choices whilst online. Please ensure you are maintaining open and regular conversations with your child about what they are doing online and who they are interacting with. Please visit <https://nationalonlinesafety.com/training> where you will have access to a number of safety guides for the appropriate use of social media platforms such as TikTok and Instagram, video conferencing software such as Microsoft Teams, and popular gaming consoles.

## Bikeability Safer Cycling Course

The Year 6 children have the opportunity to participate in a 'Bikeability Safer Cycling Course' which will enable them to complete Level 1 and 2 combined. The course will officially start on Monday 16th to Monday 23rd November.

## Emergency Contact Details

Please support us in our duty of care for your child by ensuring that any changes to email and contact details are communicated to us as they happen. It is especially important that we are able to communicate with you effectively during these challenging times. You can send us an email at [rosedaleprimary@trhat.org](mailto:rosedaleprimary@trhat.org), or fill out the contact details form at the School Office.

## Dismissals

As we approach the winter months, we need to be more mindful about keeping our children safe as the nights draw in, whilst observing preventative measures for coronavirus. The arrangements for parents, guardians and carers to collect their children require careful consideration to ensure that social distancing between families, staff and children is maintained. Families are reminded to adhere to the social distancing guidelines whilst on the school premises. Thus, once you have collected your child from the back of the School at their allocated dismissal time, please ensure that they remain by your side at all times, particularly if/when collecting your older children from the front. It is becoming increasingly difficult to dismiss the older children whilst the younger years are running around on the playground. Careful consideration should be given to ensure that ALL children are safe. Additionally, please remain behind the line and avoid approaching the grass area upon collection of Year 5 and 6 children. Thank you for your continued support during these difficult times.

## Coronavirus-related Absences

We would like to inform parents, guardians and carers that children must not be sent to school if they have a high temperature during the night or in the morning. Although we do understand that parents need to go to work, the government's guidelines state that all children with a fever, persistent cough or loss/change to their sense of smell or taste must take a coronavirus (COVID-19) test or self-isolate for 10 days (others in the household 14 days). Please continue to contact the School Office each morning before 9:30am if your child is absent from school. Thank you for your support in this matter.

	<b>Week Commencing: Monday 12th October</b>
<b>MENU 2</b>	

MONDAY		
Meal Choice 1	Beef Meatball Pasta Bake	Halal
Meal Choice 2	Beef Meatball Pasta Bake	Non Halal
Meal Choice 3	Vegetable Pasta Bake	Vegetarian
Meal Choice 4	Meatballs with Gluten free Pasta	Gluten/Dairy Free
Dessert Choice	Strawberry Mousse with Fresh Strawberries	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal
Meal Choice 2	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Non Halal
Meal Choice 3	Creamy Pasta Bake	Vegetarian
Meal Choice 4	Lamb Patty with Rice	Gluten/Dairy Free
Dessert Choice	Chocolate Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Baked Jacket Potato with Fillings (sliced chicken, salad, coleslaw, tuna)	
Meal Choice 2	Sweet Potato with Fillings (salad, coleslaw, tuna)	Vegetarian
Meal Choice 3	Baked Jacket Potato with Salad and Beans	Gluten/Dairy Free
Dessert Choice	Fruit Tarts	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Halal
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Non Halal
Meal Choice 3	Vegetable Tart	Vegetarian
Meal Choice 4	Roast Chicken with Roast Potatoes and Gluten free Gravy	Gluten/Dairy Free
Dessert Choice	Vanilla Cheesecake	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	Halal
Meal Choice 2	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	Non Halal
Meal Choice 3	Vegetable and Cheese Pasta Bake	Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Dessert Choice	Apple Pie	Fresh Fruit and Yoghurts
<i>Please note that all main meals are served with Fresh Vegetables of the Day</i>		

## Sweets Containing Psychoactive Ingredients

We would like to warn all parents, guardians and carers of the dangers of the 'Medicated Nerds Rope Bites' sweet which appears to have dangerous levels of the psychoactive chemical THC. They have been reported to have negative effects on children with symptoms including nausea, hyperactivity, elevated heart rates and hallucinations and the police have issued a warning to families about the potential risks of consuming these sweets. We urge parents, guardians and carers to be extra vigilant about what their children are eating and to reinforce the importance of developing healthy eating habits and making safe choices when buying snacks from outside.

	<b>OCTOBER to NOVEMBER 2020</b>
OCTOBER	
Friday 23rd	Half Term Ends (Staggered finish times)
NOVEMBER	
Monday 2nd	Term Begins (Staggered start times)
Monday 16th	Year 6 Bikeability Safe Cycling course