

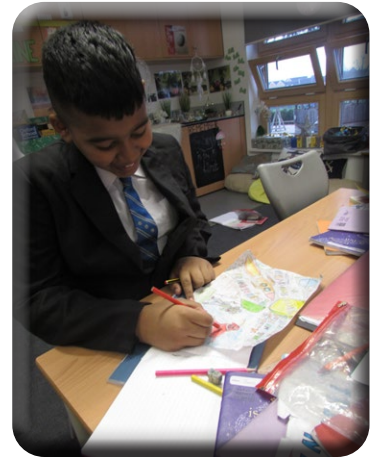
## Year 6 Parents SATs Workshop

On Tuesday 25th January, parents, guardians and carers joined us for a SATs workshop. The aim of the workshop was to help families of our Year 6 children gain a better understanding of the types of questions their child will be asked, what is expected of them and how best they can support their child with their SATs. Thank you to everyone who attended.



## Year 5 Reading Poster

The Year 5 children have been getting creative and taking part in the School's Reading Poster competition. They have been creating posters to help inspire the younger children in the School to get reading.



The posters have included the benefits as well as the importance of reading to help engage those youngest in our school. The Year 5 children have really enjoyed the competition and truly outdone themselves with their creativity. The children eagerly await the outcome of the competition as the winning posters will be showcased around the School.





## National Storytelling Week

Have you ever witnessed the enchanting words on a page magically transform into worlds and people, voices and conflict? It is unpredictable yet exhilarating at the same time and you remain completely engrossed as you step into a world of imagination.

Storytelling forges connections amongst people. It brings language alive whilst creating an immersive experience with journeys through the unknown, conveying the culture, history and values that unite, influence and inspire us.

National Storytelling Week will take place from Saturday 29th January to Saturday 5th February, where we will be engaging in thrilling storytelling activities at Rosedale Primary School.

## Virtual Asthma Workshops

**H4All** stronger together The Confederation **MyHealth** My self, My life

# CHILDHOOD ASTHMA

Join our **FREE Virtual Asthma Workshop**

**JANUARY**  
4pm - 5pm  
**31st**

Presented over: **zoom**

Session presented by a Hillingdon asthma nurse, covering:

- What to do if your child is having an Asthma attack
- Inhaler techniques
- Myth Busting
- Asthma plans
- Common triggers

**LIMITED SPACES AVAILABLE**  
CONTACT THE TEAM TO BOOK YOUR PLACE

Call the team 01895 543 437 [nhsnwlcg.Myhealth@nhs.net](mailto:nhsnwlcg.Myhealth@nhs.net)

## Christmas DVD Orders

We would like to thank everyone who was able to attend the Christmas Performances at the end of the previous term.

We hope that you all enjoyed the hard work and effort your children put into their spectacular performances!

Due to the ongoing pandemic, we reduced numbers to ensure the safety of families. With this in mind, we filmed all of the performances which are now available to order through your iPayimpact account.

DVDs will cost £2.50 each. You will need to select which performance you would like to purchase and the amount you require in the School shop.

**All orders will need to be made by Monday 31st January. The DVDs will be made after all orders have been received.** Thank you.

## Chinese New Year

Chinese New Year is the festival that celebrates the beginning of a new year on the traditional lunisolar Chinese calendar. It will take place on Tuesday 1st February with this year being celebrated as the Year of the Tiger. To embrace the euphoric atmosphere this festival tends to bring, be sure to enjoy this week's Noodles and Vegetable Stir Fry on Wednesday 2nd February!



## Idling Action Day - Tuesday 1st February

On Tuesday 1st February, we will be holding an Idling Action Day in partnership with the STARs team which will help to promote road safety and cleaner air around the School. As part of Idling Action Day, the Year 5 children will be taking part in an Idling Action and Air Quality Workshop. At home time, members of the STARs team will be outside to hand out leaflets and speak to families about the dangers of idling. Please make sure your children are in school wearing their full and correct uniform so that they can take part in this exciting event!

## STEM Workshops for Year 5 and 6 - Wednesday 2nd February

On Wednesday 2nd February, the children in Year 5 and 6 will be taking part in a series of STEM (Science, Technology, Engineering and Mathematics) Workshops. The Year 6 children will be taking part in the STIXX workshops which sees them creating WWII Air Raid Shelters out of newspapers and the Year 5 children will be making their own Tudor Toys. The workshops form an integral part of the children's learning. Therefore, please make sure that your child is in school and wearing their full and correct school uniform. **If you have any broadsheet newspapers at home you would like to donate for the STIXX workshop, please hand these in to the School Office.** Thank you.

## Time to Talk Day and Children's Mental Health Week

For many, it is hard enough to experience mental health problems without having to face the judgement and isolation that often surrounds them.



As such, in order to end mental health discrimination, Mind, a mental health charity who provide advice and support to empower anyone experiencing a mental health problem, will run the nation's biggest mental health conversation for Time to Talk Day on Thursday 3rd February.

Friends, families, communities and workplaces can come together to talk, listen and change lives. No one should have to face a mental health problem alone, so join Mind and take part in the day via (<https://timetotalkday.co.uk/>).


The following week will be observed as Children's Mental Health Week under the theme 'Growing Together'. This is a national event to shine a spotlight on the importance of children and young people's mental health.

The week-long event will encourage children and young people to consider how they have grown and how they can help others grow. Challenges and setbacks help us adapt and trying new things can also take us beyond our comfort zone into a new realm of possibility and potential. However, this is often a gradual process that happens over time and sometimes we might feel 'stuck'.

Please take a look at the useful information and support links provided on the School's Mental Health and Well-Being page to support you or someone you care about via (<https://www.rosedaleprimary.co.uk/171/mental-health-and-wellbeing>).

	<b>Week Commencing: Monday 31st January</b>
<b>MENU 4</b>	

MONDAY		
Meal Choice 1	Spaghetti Bolognese	Halal
Meal Choice 2	Spaghetti Bolognese	Non Halal
Meal Choice 3	Mediterranean Pasta Bake	Vegetarian
Meal Choice 4	Bolognese with Gluten free Pasta	Gluten/Dairy Free
Dessert Choice	Raspberry Jelly	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Chicken Sausages with Mashed Potatoes and Beans	Halal
Meal Choice 2	Chicken Sausages with Mashed Potatoes and Beans	Non Halal
Meal Choice 3	Vegetarian Sausages with Mashed Potatoes and Onion Gravy	Vegetarian
Meal Choice 4	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter	Gluten/Dairy Free
Dessert Choice	Jam and Coconut Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Diced Chicken with Noodles and Vegetable Stir Fry	Halal
Meal Choice 2	Diced Chicken with Noodles and Vegetable Stir Fry	Non Halal
Meal Choice 3	Vegetable Stir Fry with Noodles	Vegetarian
Meal Choice 4	Diced Lamb with Vegetable Stir Fry	Gluten/Dairy Free
Dessert Choice	Vanilla Ice Cream with Peaches	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Halal
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Non Halal
Meal Choice 3	Cheese and Onion Tart	Vegetarian
Meal Choice 4	Roast Chicken with Roast Potatoes and Gluten free Gravy	Gluten/Dairy Free
Dessert Choice	Chocolate Sponge	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers or Battered Chicken with Potato Wedges	Halal
Meal Choice 2	Fish Fingers or Battered Chicken with Potato Wedges	Non Halal
Meal Choice 3	Macaroni Cheese	Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Dessert Choice	Custard Tart	Fresh Fruit and Yoghurts
<i>Please note that all main meals are served with Fresh Vegetables of the Day</i>		

		<b>JANUARY to FEBRUARY 2022</b>	
<b>JANUARY</b>			
Monday 31st	4:00 to 5:00pm	Virtual Asthma Workshop	
Monday 31st January to Friday 4th February		National Storytelling Week	
<b>FEBRUARY</b>			
Tuesday 1st	Chinese New Year		
	Idling Action Day		
	Idling Action Workshops - Year 5		
Wednesday 2nd	STIXX Workshop - Year 6		
	Tudor Toys Workshop - Year 5		
Monday 7th to Friday 11th		Children's Mental Health Week	
Tuesday 8th		Safer Internet Day	
Friday 11th		End of Term - School Finishes	