



FRIDAY 4TH FEBRUARY, 2022

CONTACT US ON



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Idling Action Workshop

On Tuesday 1st February, the Year 5 children took part in the Idling Action Workshop where they developed their understanding of air pollution and the importance of improving the air around us.

The children were then set a challenge to create posters based on the information they acquired during the workshop. They each demonstrated their creative flair in designing their posters whilst consolidating their learning about the causes and effects of air pollution.



Pedestrian Training - Nursery, Reception and Year 1

On Monday 7th February, the Nursery, Reception and Year 1 children will be taking part in pedestrian training which is delivered by staff from the London Borough of Hillingdon. The pedestrian training is part of the School efforts to promote and encourage road safety, and active and sustainable travel. As part of the training, the children will be leaving the School site. Please ensure your child comes to school wearing their full school uniform and is wearing the appropriate outdoor attire as part of the session will take place outside.

Will You Make the Parent Parking Pledge?

Rosedale Primary School is asking you to consider making the Parent Parking Pledge, a scheme developed by the London Borough of Hillingdon, in an effort to manage congestion and improve safety near the School at busy times. The idea is simple: in return for making the pledge and agreeing to follow some basic principles set out below, your car can carry a sticker that tells the world you are doing your bit to make a difference.

The Hillingdon-wide principles are:

- I agree to help my child/children travel actively at least once a week
- I agree to drive with consideration for others
- I agree to park away from the School gates
- I agree to never block a driveway
- I agree to turn off my engine when parked

As a school, we fully support these principles and pride ourselves on promoting road safety with our children. We strive to maintain these principles as a school to keep our children and community safe.

If you are happy to make this Parent Parking Pledge, it would be great if you could complete the form by clicking the following link (<https://bit.ly/3AQFHfj>). Once received, you will be given a car sticker to show others your commitment to health and safety.

Children's Mental Health Week

The week commencing Monday 7th February will be observed as Children's Mental Health Week under the theme 'Growing Together'. This is a national event to shine a spotlight on the importance of children and young people's mental health. The week-long event will encourage children and young people to consider how they have grown and how they can help others grow. Challenges and setbacks help us adapt and trying new things can also take us beyond our comfort zone into a new realm of possibility and potential. However, this is often a gradual process that happens over time and sometimes we might feel 'stuck'. Please take a look at the useful information and support links provided on the School's Mental Health and Well-Being page to support you or someone you care about via (<https://www.rosedaleprimary.co.uk/171/mental-health-and-wellbeing>)

Breakfast Club and Aftercare

As you may know, our Breakfast Club and Aftercare provision has now resumed. With this in mind, please ensure you inform the School Office of when your child will need to use this service. All payments should be made in cash, in advance, at the School Office. Please note if payment is not received, your child will be unable to access this service. Thank you.



Safer Internet Day

Safer Internet Day will be celebrated globally on Tuesday 8th February, promoting a safer and a more responsible use of digital technology for children across the world.

The internet is a powerful tool with enormous opportunities for learning, enhancing skills and acquiring new abilities and knowledge.

The goal of Safer Internet Day is to raise awareness on online dangers but also to provide protection and empowerment to children online, and to inspire a national conversation about using technology responsibly, respectfully, critically and creatively.

From gaming and chat, to streaming and video, children are shaping the interactive entrainment spaces available to them.

This year's theme 'All Fun and Games?' will explore respect and relationships online, celebrating the crucial role of children in creating a safer internet, whether that is whilst gaming and creating content, or interacting with their friends and peers. For more information, please visit (<https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2022>).

International Day of Women and Girls in Science

Friday 11th February marks the International Day of Women and Girls in Science. The day recognises the critical role women and girls play in Science and Technology and focuses on the reality that Science and gender equality are both vital for the development and achievement of ground-breaking research.

This day is an opportunity to demolish stereotypes, defy gender biases and defeat discrimination that hold women and girls back in Science, Technology, Engineering and Mathematics (STEM) fields.

It is a day to promote full and equal access to and participation in Science for women and girls, and further achieve gender equality and the empowerment of women.



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|  | Week Commencing: Monday 7th February |
| MENU 1 | |


| MONDAY | | |
|--|---|--------------------------|
| Meal Choice 1 | Chicken Goujons with Homemade Oven Baked Potato Slices and Beans | Halal |
| Meal Choice 2 | Chicken Goujons with Homemade Oven Baked Potato Slices and Beans | Non Halal |
| Meal Choice 3 | Baked Jacket Potato with Various Fillings | Vegetarian |
| Meal Choice 4 | Gluten free Chicken Goujons with Potatoes and Beans | Gluten/Dairy Free |
| Dessert Choice | Strawberry Ice Cream and Fresh Strawberries | Fresh Fruit and Yoghurts |
| TUESDAY | | |
| Meal Choice 1 | Spaghetti Bolognese | Halal |
| Meal Choice 2 | Spaghetti Bolognese | Non Halal |
| Meal Choice 3 | Ratatouille Spaghetti | Vegetarian |
| Meal Choice 4 | Bolognese with Gluten free Pasta | Gluten/Dairy Free |
| Dessert Choice | Jam Sponge | Fresh Fruit and Yoghurts |
| WEDNESDAY | | |
| Meal Choice 1 | Chicken Tikka Masala with Rice | Halal |
| Meal Choice 2 | Chicken Tikka Masala with Rice | Non Halal |
| Meal Choice 3 | Macaroni Cheese | Vegetarian |
| Meal Choice 4 | Lightly Spiced Chicken Breast with Rice | Gluten/Dairy Free |
| Dessert Choice | Lemon Tart | Fresh Fruit and Yoghurts |
| THURSDAY | | |
| Meal Choice 1 | Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing | Halal |
| Meal Choice 2 | Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing | Non Halal |
| Meal Choice 3 | Cauliflower and Broccoli Cheese Bake | Vegetarian |
| Meal Choice 4 | Turkey Escalope with Potatoes and Gluten free Gravy | Gluten/Dairy Free |
| Dessert Choice | Strawberry Jelly | Fresh Fruit and Yoghurts |
| FRIDAY | | |
| Meal Choice 1 | Fish Fingers with Oven Baked Potato Wedges | |
| Meal Choice 2 | Tomato Pasta Bake | Vegetarian |
| Meal Choice 3 | Gluten free Fish Fingers with Gluten free Potato Wedges and Beans | Gluten/Dairy Free |
| Dessert Choice | Fresh Fruit Salad | Fresh Fruit and Yoghurts |
| <i>Please note that all main meals are served with Fresh Vegetables of the Day</i> | | |

Tube Station Points

The children have been demonstrating the 6Rs at school and as a result, have increased their tube station points! Follow the link to see how many points your child's tube station has received so far (<https://bit.ly/3JOSkaM>).

Half Term

The School will be closed from **Monday 14th to Friday 18th February** for the Half Term holiday. The School will reopen on Monday 21st February at the normal entry times.

|  | FEBRUARY 2022 |
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| FEBRUARY | |
| Monday 7th to Friday 11th | Children's Mental Health Week |
| Monday 7th | Pedestrian Training - Nursery, Reception, Year 1 |
| Tuesday 8th | Safer Internet Day |
| Friday 11th | End of Term - School Finishes |
| | International Day of Women and Girls in Science |